



21. Hainich-Lauf
Mihla / 01.05.2015

Detailed evaluation

Gerken, Jan

Club: USV Erfurt
Number: 147

Course: 6.60 km
Kurzstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 33:26

Speed: 10.77 km/h
Running performance: 5:04 min/km

Rank in course/Total: 17 (of 48)

Rank in course/Men: 14 (of 36)

Best time in course: 23:30

Rank in category: 3(of 5)

Best time in the category: 25:20