



21. Hainich-Lauf
Mihla / 01.05.2015

Detailed evaluation

Richter, Dirk

Club: Jena

Number: 111

Course: 6.60 km

Kurzstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 35:20

Speed: 10.19 km/h

Running performance: 5:21 min/km

Rank in course/Total: 20 (of 48)

Rank in course/Men: 17 (of 36)

Best time in course: 23:30

Rank in category: 2(of 3)

Best time in the category: 28:12