



21. Hainich-Lauf
Mihla / 01.05.2015

Detailed evaluation

Seise, Anke

Club: Laufteam Seise / Hentrich
Number: 116

Course: 6.60 km
Kurzstrecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 35:22

Speed: 10.18 km/h
Running performance: 5:22 min/km

Rank in course/Total: 21 (of 48)
Rank in course/Women: 4 (of 12)
Best time in course: 29:21

Rank in category: 1(of 1)
Best time in the category: 35:22