



Detailed evaluation

Gerlach, Martin

Club: Team Helbing
Number: 284

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:33

Speed: 9.50 km/h
Running performance: 6:19 min/km

Rank in course/Total: 42 (of 292)

Rank in course/Men: 40 (of 192)

Best time in course: 38:15

Rank in category: 9(of 38)

Best time in the category: 45:12

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Himmelsleiter + | - | 2:10 | - | 6 | 0:24 | 24 | 0:48 | - | 2:10 | - | 6 | 0:24 | 24 | 0:48 |
| Himmelsleiter + | - | 3:48 | - | 2 | 0:18 | 12 | 0:58 | - | 5:58 | - | 5 | 0:42 | 19 | 1:46 |
| Nordwand + Dov | - | 5:39 | - | 5 | 0:24 | 25 | 1:14 | - | 11:37 | - | 5 | 1:06 | 23 | 2:58 |
| Nordwand + Dov | - | 1:53 | - | 7 | 0:15 | 34 | 0:25 | - | 13:30 | - | 5 | 1:16 | 23 | 3:19 |
| Duckmäuser Eins | - | 17:10 | - | 9 | 2:30 | 39 | 4:49 | - | 30:40 | - | 6 | 3:10 | 28 | 7:54 |
| Duckmäuser Aus | - | 0:26 | - | 14 | 0:07 | 62 | 0:10 | - | 31:06 | - | 6 | 3:14 | 27 | 8:02 |
| Pneumant Einstie | - | 0:34 | - | 6 | 0:10 | 28 | 0:13 | - | 31:40 | - | 7 | 3:12 | 26 | 8:12 |
| Pneumant Aussti | - | 0:09 | - | 18 | 0:04 | 80 | 0:06 | - | 31:49 | - | 7 | 3:16 | 26 | 8:15 |
| Heuschnupfen Ei | - | 11:25 | - | 12 | 1:31 | 42 | 2:41 | - | 43:14 | - | 9 | 4:47 | 32 | 10:56 |
| Heuschnupfen Ai | - | 0:07 | - | 25 | 0:03 | 122 | 0:03 | - | 43:21 | - | 9 | 4:49 | 31 | 10:59 |
| Schlammbowle E | - | 2:31 | - | 13 | 0:26 | 46 | 0:36 | - | 45:52 | - | 9 | 5:07 | 31 | 11:34 |
| Schlammbowle A | - | 0:52 | - | 6 | 0:08 | 36 | 0:18 | - | 46:44 | - | 9 | 5:15 | 31 | 11:52 |
| Sportplatz Mühlb | 8.00 | 3:49 | - | 9 | 0:09 | 38 | 0:26 | 8.00 | 50:33 | 6:19 | 9 | 5:21 | 40 | 12:18 |