



## Detailed evaluation

Gerlach, Martin

Club: Team Helbing  
Number: 284

Course: 8.00 km  
Sprint

Category:  
Senioren M30 (30-34 Jahre)

Total time: 50:33

Speed: 9.50 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 42 (of 292)

Rank in course/Men: 40 (of 192)

Best time in course: 38:15

Rank in category: 9(of 38)

Best time in the category: 45:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:10	-	6	0:24	24	0:48	-	2:10	-	6	0:24	24	0:48
Himmelsleiter +	-	3:48	-	2	0:18	12	0:58	-	5:58	-	5	0:42	19	1:46
Nordwand + Dov	-	5:39	-	5	0:24	25	1:14	-	11:37	-	5	1:06	23	2:58
Nordwand + Dov	-	1:53	-	7	0:15	34	0:25	-	13:30	-	5	1:16	23	3:19
Duckmäuser Eins	-	17:10	-	9	2:30	39	4:49	-	30:40	-	6	3:10	28	7:54
Duckmäuser Aus	-	0:26	-	14	0:07	62	0:10	-	31:06	-	6	3:14	27	8:02
Pneumant Einstie	-	0:34	-	6	0:10	28	0:13	-	31:40	-	7	3:12	26	8:12
Pneumant Aussti	-	0:09	-	18	0:04	80	0:06	-	31:49	-	7	3:16	26	8:15
Heuschnupfen Ei	-	11:25	-	12	1:31	42	2:41	-	43:14	-	9	4:47	32	10:56
Heuschnupfen Ai	-	0:07	-	25	0:03	122	0:03	-	43:21	-	9	4:49	31	10:59
Schlammbowle E	-	2:31	-	13	0:26	46	0:36	-	45:52	-	9	5:07	31	11:34
Schlammbowle A	-	0:52	-	6	0:08	36	0:18	-	46:44	-	9	5:15	31	11:52
Sportplatz Mühlb	8.00	3:49	-	9	0:09	38	0:26	8.00	50:33	6:19	9	5:21	40	12:18