



## Detailed evaluation

Krug, Jürgen

Club: Sportlerschmiede-HalbeLunge-Ilmenau  
Number: 36

Course: 8.00 km  
Sprint

Category:  
Senioren M45 (45-49 Jahre)

Total time: 58:22

Speed: 8.22 km/h  
Running performance: 7:18 min/km

Rank in course/Total: 95 (of 292)

Rank in course/Men: 79 (of 192)

Best time in course: 38:15

Rank in category: 9(of 19)

Best time in the category: 47:40

Control	Intermediate times						Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	3:40	-	9	1:35	111	2:18	-	3:40	-	9	1:35	111	2:18
Himmelsleiter +	-	5:06	-	7	1:21	94	2:16	-	8:46	-	8	2:56	106	4:34
Nordwand + Dov	-	6:29	-	10	0:54	80	2:04	-	15:15	-	9	3:50	98	6:36
Nordwand + Dov	-	2:25	-	9	0:41	100	0:57	-	17:40	-	9	4:31	98	7:29
Duckmäuser Eins	-	18:53	-	5	3:11	70	6:32	-	36:33	-	5	6:33	75	13:47
Duckmäuser Aus	-	0:33	-	9	0:12	111	0:17	-	37:06	-	5	6:45	75	14:02
Pneumant Einstie	-	0:53	-	10	0:27	66	0:32	-	37:59	-	5	7:12	72	14:31
Pneumant Aussti	-	0:06	-	3	0:01	19	0:03	-	38:05	-	5	7:12	72	14:31
Heuschnupfen Ei	-	12:29	-	7	1:39	74	3:45	-	50:34	-	5	8:51	67	18:16
Heuschnupfen Ai	-	0:06	-	2	0:01	65	0:02	-	50:40	-	5	8:51	65	18:18
Schlammbowle E	-	2:45	-	7	0:24	87	0:50	-	53:25	-	5	9:15	64	19:07
Schlammbowle A	-	0:58	-	4	0:12	62	0:24	-	54:23	-	5	9:27	63	19:31
Sportplatz Mühlb	8.00	3:59	-	5	0:17	67	0:36	8.00	58:22	7:17	9	10:42	79	20:07