



## Detailed evaluation

**Ehrenberg, Florian**

Club: Trailrunning Harz - Helios Team  
Number: 614

Course: 16.00 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 1:49:33

Speed: 8.76 km/h  
Running performance: 6:51 min/km

Rank in course/Total: 128 (of 304)

Rank in course/Men: 121 (of 252)

Best time in course: 1:05:10

Rank in category: 37(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:44	-	53	2:42	182	2:42	-	3:44	-	53	2:42	182	2:42	
Himmelsleiter +	-	5:22	-	60	2:43	210	2:50	-	9:06	-	56	5:25	184	5:32	
Nordwand + Dov	-	6:05	-	43	2:19	146	2:22	-	15:11	-	54	7:44	182	7:54	
Nordwand + Dov	-	2:25	-	54	1:16	194	1:16	-	17:36	-	54	9:00	184	9:08	
Duckmäuser Eins	-	17:16	-	24	6:36	74	6:36	-	34:52	-	32	15:36	97	15:36	
Duckmäuser Aus	-	0:19	-	11	0:06	15	0:06	-	35:11	-	32	15:41	93	15:41	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	0:46	-	64	0:43	232	0:45	-	35:57	-	73	15:59	247	15:59	
Heuschnupfen Ei	-	12:01	-	35	4:42	108	4:42	-	47:58	-	71	20:41	242	20:41	
Heuschnupfen Ai	-	0:06	-	19	0:02	50	0:02	-	48:04	-	70	20:43	242	20:43	
Schlammbowle E	-	2:43	-	31	0:59	111	1:00	-	50:47	-	70	21:42	241	21:42	
Schlammbowle A	-	1:17	-	49	0:43	168	0:43	-	52:04	-	74	22:24	248	22:24	
Himmelsleiter +	-	4:29	-	25	1:39	77	1:46	-	56:33	-	73	24:03	244	24:03	
Himmelsleiter +	-	4:32	-	29	1:39	89	1:45	-	1:01:05	-	73	25:42	244	25:42	
Nordwand + Dov	-	6:26	-	31	2:25	108	2:28	-	1:07:31	-	73	28:07	244	28:07	
Nordwand + Dov	-	1:56	-	26	0:45	78	0:52	-	1:09:27	-	73	28:52	244	28:52	
Duckmäuser Eins	-	18:00	-	25	7:11	83	17:43	-	1:27:27	-	57	36:03	191	36:03	
Duckmäuser Aus	-	0:20	-	11	0:09	26	0:09	-	1:27:47	-	67	36:10	223	36:10	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	0:46	-	58	0:44	203	0:44	-	1:28:33	-	72	36:34	245	36:34	
Heuschnupfen Ei	-	12:39	-	36	5:18	127	5:18	-	1:41:12	-	72	41:52	245	41:52	
Heuschnupfen Ai	-	0:07	-	42	0:03	132	0:03	-	1:41:19	-	71	41:55	243	41:55	
Schlammbowle E	-	2:52	-	44	1:10	140	1:11	-	1:44:11	-	73	43:05	241	43:05	
Schlammbowle A	-	1:23	-	60	0:48	184	0:49	-	1:45:34	-	73	43:52	247	43:52	
Sportplatz Mühlb	8.00	3:59	-	40	0:40	137	0:48	16.00	1:49:33	6:50	37	44:23	121	44:23	