



Helbing King of Cross  
Mühlberg / 01.11.2015

Detailed evaluation

Thomma, Anton

Club: Laufladen Erfurt  
Number: 652

Course: 16.00 km  
Expert

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:45:42

Speed: 9.08 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 99 (of 304)

Rank in course/Men: 93 (of 252)

Best time in course: 1:05:10

Rank in category: 17(of 53)

Best time in the category: 1:09:26

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Himmelsleiter +    | -        | 3:12       | -            | 29          | 2:05        | 148     | 2:10       | -             | 3:12       | -            | 29       | 2:05        | 148     | 2:10       |
| Himmelsleiter +    | -        | 4:29       | -            | 16          | 1:40        | 89      | 1:57       | -             | 7:41       | -            | 22       | 3:45        | 123     | 4:07       |
| Nordwand + Dov     | -        | 5:44       | -            | 18          | 1:49        | 99      | 2:01       | -             | 13:25      | -            | 21       | 5:34        | 117     | 6:08       |
| Nordwand + Dov     | -        | 1:56       | -            | 15          | 0:40        | 84      | 0:47       | -             | 15:21      | -            | 18       | 6:04        | 110     | 6:53       |
| Duckmäuser Eins    | -        | 15:47      | -            | 9           | 4:29        | 36      | 5:07       | -             | 31:08      | -            | 11       | 10:33       | 52      | 11:52      |
| Duckmäuser Aus     | -        | 0:19       | -            | 2           | 0:02        | 15      | 0:06       | -             | 31:27      | -            | 11       | 10:31       | 52      | 11:57      |
| Pneumant Einstie   | -        | 0:35       | -            | 6           | 0:15        | 34      | 0:21       | -             | 32:02      | -            | 8        | 10:46       | 46      | 12:10      |
| Pneumant Aussti    | -        | 0:05       | -            | 7           | 0:03        | 22      | 0:04       | -             | 32:07      | -            | 7        | 10:47       | 43      | 12:09      |
| Heuschupfen Ei     | -        | 11:02      | -            | 9           | 3:07        | 51      | 3:43       | -             | 43:09      | -            | 7        | 13:54       | 40      | 15:52      |
| Heuschupfen Ai     | -        | 0:05       | -            | 2           | 0:01        | 8       | 0:01       | -             | 43:14      | -            | 7        | 13:54       | 39      | 15:53      |
| Schlammbowle E     | -        | 2:38       | -            | 12          | 0:52        | 81      | 0:55       | -             | 45:52      | -            | 6        | 14:46       | 38      | 16:47      |
| Schlammbowle A     | -        | 0:57       | -            | 11          | 0:21        | 69      | 0:23       | -             | 46:49      | -            | 6        | 15:07       | 38      | 17:09      |
| Himmelsleiter +    | -        | 5:08       | -            | 32          | 2:07        | 173     | 2:25       | -             | 51:57      | -            | 7        | 17:14       | 43      | 19:27      |
| Himmelsleiter +    | -        | 4:53       | -            | 27          | 1:50        | 145     | 2:06       | -             | 56:50      | -            | 8        | 19:04       | 46      | 21:27      |
| Nordwand + Dov     | -        | 6:46       | -            | 23          | 2:36        | 133     | 2:48       | -             | 1:03:36    | -            | 10       | 21:40       | 48      | 24:12      |
| Nordwand + Dov     | -        | 1:57       | -            | 15          | 0:34        | 84      | 0:53       | -             | 1:05:33    | -            | 10       | 22:13       | 48      | 24:58      |
| Duckmäuser Eins    | -        | 17:50      | -            | 15          | 5:59        | 78      | 17:33      | -             | 1:23:23    | -            | 9        | 28:12       | 45      | 31:59      |
| Duckmäuser Aus     | -        | 0:20       | -            | 6           | 0:05        | 26      | 0:09       | -             | 1:23:43    | -            | 9        | 28:15       | 45      | 32:06      |
| Pneumant Einstie   | -        | 1:56       | -            | 39          | 1:35        | 168     | 1:36       | -             | 1:25:39    | -            | 9        | 29:50       | 44      | 33:42      |
| Pneumant Aussti    | -        | 0:04       | -            | 4           | 0:02        | 16      | 0:02       | -             | 1:25:43    | -            | 9        | 29:50       | 43      | 33:44      |
| Heuschupfen Ei     | -        | 11:57      | -            | 19          | 3:59        | 98      | 4:36       | -             | 1:37:40    | -            | 9        | 33:49       | 43      | 38:20      |
| Heuschupfen Ai     | -        | 0:05       | -            | 3           | 0:01        | 9       | 0:01       | -             | 1:37:45    | -            | 9        | 33:50       | 43      | 38:21      |
| Schlammbowle E     | -        | 2:46       | -            | 22          | 1:05        | 117     | 1:05       | -             | 1:40:31    | -            | 9        | 34:55       | 42      | 39:25      |
| Schlammbowle A     | -        | 1:05       | -            | 16          | 0:26        | 90      | 0:31       | -             | 1:41:36    | -            | 8        | 35:21       | 41      | 39:54      |
| Sportplatz Mühlb   | 8.00     | 4:06       | -            | 33          | 0:55        | 175     | 0:55       | 16.00         | 1:45:42    | 6:36         | 17       | 36:16       | 93      | 40:32      |