



Detailed evaluation

Wolter, Steffen

Club: RennsteigSpirit
Number: 359

Course: 16.00 km
Expert

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:52:15

Speed: 8.55 km/h
Running performance: 7:01 min/km

Rank in course/Total: 139 (of 304)

Rank in course/Men: 132 (of 252)

Best time in course: 1:05:10

Rank in category: 2(of 12)

Best time in the category: 1:48:03

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:02	-	3	0:32	134	2:00	-	3:02	-	3	0:32	134	2:00	
Himmelsleiter +	-	4:55	-	3	0:46	137	2:23	-	7:57	-	3	1:18	138	4:23	
Nordwand + Dov	-	5:53	-	3	0:22	121	2:10	-	13:50	-	3	1:14	134	6:33	
Nordwand + Dov	-	2:12	-	6	0:19	159	1:03	-	16:02	-	3	1:33	132	7:34	
Duckmäuser Eins	-	17:45	-	3	0:22	86	7:05	-	33:47	-	3	1:26	83	14:31	
Duckmäuser Aus	-	0:28	-	6	0:05	102	0:15	-	34:15	-	3	1:30	83	14:45	
Pneumant Einstie	-	1:00	-	4	0:16	111	0:46	-	35:15	-	3	1:29	74	15:23	
Pneumant Aussti	-	0:10	-	8	0:06	164	0:09	-	35:25	-	3	1:30	74	15:27	
Heuschnupfen Ei	-	12:37	-	7	0:41	150	5:18	-	48:02	-	4	1:40	73	20:45	
Heuschnupfen Ai	-	0:05	-	1	-	8	0:01	-	48:07	-	4	1:39	71	20:46	
Schlammbowle E	-	2:45	-	2	0:05	124	1:02	-	50:52	-	4	1:30	70	21:47	
Schlammbowle A	-	1:19	-	7	0:17	176	0:45	-	52:11	-	3	1:47	72	22:31	
Himmelsleiter +	-	4:32	-	2	0:22	87	1:49	-	56:43	-	3	1:03	69	24:13	
Himmelsleiter +	-	4:45	-	3	0:09	123	1:58	-	1:01:28	-	3	0:37	70	26:05	
Nordwand + Dov	-	6:36	-	3	0:24	123	2:38	-	1:08:04	-	2	0:48	68	28:40	
Nordwand + Dov	-	2:08	-	4	0:07	148	1:04	-	1:10:12	-	2	0:48	69	29:37	
Duckmäuser Eins	-	19:21	-	3	1:55	109	19:04	-	1:29:33	-	2	2:43	64	38:09	
Duckmäuser Aus	-	0:44	-	10	0:21	179	0:33	-	1:30:17	-	2	2:58	64	38:40	
Pneumant Einstie	-	0:59	-	4	0:09	88	0:39	-	1:31:16	-	2	3:07	55	39:19	
Pneumant Aussti	-	0:10	-	7	0:05	153	0:08	-	1:31:26	-	2	3:08	55	39:27	
Heuschnupfen Ei	-	12:30	-	3	0:35	122	5:09	-	1:43:56	-	2	3:43	55	44:36	
Heuschnupfen Ai	-	0:07	-	4	0:01	132	0:03	-	1:44:03	-	2	3:42	55	44:39	
Schlammbowle E	-	2:54	-	4	0:25	147	1:13	-	1:46:57	-	2	3:57	53	45:51	
Schlammbowle A	-	1:25	-	6	0:14	195	0:51	-	1:48:22	-	2	4:05	53	46:40	
Sportplatz Mühlb	8.00	3:53	-	3	0:07	101	0:42	16.00	1:52:15	7:00	2	4:12	132	47:05	