



Detailed evaluation

Groll, Thomas

Club: Sportlerschmiede-HalbeLunge-Ilmenau
Number: 35

Course: 8.00 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:00:13

Speed: 7.97 km/h
Running performance: 7:32 min/km

Rank in course/Total: 124 (of 292)

Rank in course/Men: 99 (of 192)

Best time in course: 38:15

Rank in category: 20(of 31)

Best time in the category: 44:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:34	-	27	2:35	146	3:12	-	4:34	-	27	2:35	146	3:12
Himmelsleiter +	-	5:42	-	27	2:18	143	2:52	-	10:16	-	26	4:53	142	6:04
Nordwand + Dov	-	6:28	-	17	1:27	78	2:03	-	16:44	-	22	6:20	132	8:05
Nordwand + Dov	-	2:31	-	24	1:02	125	1:03	-	19:15	-	22	7:22	132	9:04
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	19:15	-	19	18:56	131	18:59	-	38:30	-	30	10:15	166	15:26
Pneumant Einstie	-	1:34	-	28	1:06	143	1:13	-	40:04	-	30	8:57	184	16:36
Pneumant Aussti	-	0:08	-	8	0:05	52	0:05	-	40:12	-	32	9:00	192	16:38
Heuschnupfen Ei	-	11:50	-	10	1:54	58	3:06	-	52:02	-	31	9:42	188	19:44
Heuschnupfen Ai	-	0:06	-	11	0:01	65	0:02	-	52:08	-	32	9:43	190	19:46
Schlammbowle E	-	2:44	-	18	0:32	85	0:49	-	54:52	-	32	10:03	189	20:34
Schlammbowle A	-	1:21	-	24	0:46	131	0:47	-	56:13	-	32	10:34	191	21:21
Sportplatz Mühlb	8.00	4:00	-	14	0:23	70	0:37	8.00	1:00:13	7:31	20	15:59	99	21:58