



Detailed evaluation

Weber, Harald

Club: Seamrog Rugby Nordhausen
Number: 528

Course: 16.00 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:38:44

Speed: 9.72 km/h
Running performance: 6:10 min/km

Rank in course/Total: 54 (of 304)

Rank in course/Men: 49 (of 252)

Best time in course: 1:05:10

Rank in category: 7(of 35)

Best time in the category: 1:17:46

Intermediate times							Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:13	-	27	2:48	204	3:11	-	4:13	-	27	2:48	204	3:11
Himmelsleiter +	-	5:00	-	21	1:59	147	2:28	-	9:13	-	27	4:46	191	5:39
Nordwand + Dov	-	5:38	-	11	1:19	77	1:55	-	14:51	-	24	6:05	163	7:34
Nordwand + Dov	-	1:57	-	13	0:36	90	0:48	-	16:48	-	22	6:41	154	8:20
Duckmäuser Eins	-	15:38	-	5	2:57	31	4:58	-	32:26	-	8	9:38	63	13:10
Duckmäuser Aus	-	0:22	-	3	0:02	37	0:09	-	32:48	-	8	9:40	63	13:18
Pneumant Einstie	-	0:28	-	3	0:04	17	0:14	-	33:16	-	8	9:42	56	13:24
Pneumant Aussti	-	0:06	-	7	0:04	43	0:05	-	33:22	-	8	9:43	55	13:24
Heuschnupfen Ei	-	11:07	-	7	2:14	58	3:48	-	44:29	-	7	11:57	49	17:12
Heuschnupfen Ai	-	0:06	-	6	0:01	50	0:02	-	44:35	-	7	11:57	49	17:14
Schlammbowle E	-	2:24	-	5	0:20	32	0:41	-	46:59	-	7	12:17	47	17:54
Schlammbowle A	-	0:50	-	2	0:04	34	0:16	-	47:49	-	7	12:21	45	18:09
Himmelsleiter +	-	4:08	-	7	0:44	41	1:25	-	51:57	-	7	13:05	43	19:27
Himmelsleiter +	-	4:18	-	7	0:53	57	1:31	-	56:15	-	7	13:58	42	20:52
Nordwand + Dov	-	5:50	-	7	1:07	47	1:52	-	1:02:05	-	6	15:05	39	22:41
Nordwand + Dov	-	1:57	-	12	0:32	84	0:53	-	1:04:02	-	5	15:37	38	23:27
Duckmäuser Eins	-	16:00	-	6	15:43	35	15:43	-	1:20:02	-	5	18:28	35	28:38
Duckmäuser Aus	-	0:20	-	2	0:08	26	0:09	-	1:20:22	-	5	18:26	35	28:45
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Pneumant Aussti	-	0:50	-	30	0:47	206	0:48	-	1:21:12	-	36	18:47	245	29:13
Heuschnupfen Ei	-	10:34	-	6	1:38	32	3:13	-	1:31:46	-	36	20:25	245	32:26
Heuschnupfen Ai	-	0:06	-	8	0:01	58	0:02	-	1:31:52	-	36	20:26	243	32:28
Schlammbowle E	-	2:22	-	5	0:18	32	0:41	-	1:34:14	-	34	20:44	241	33:08
Schlammbowle A	-	0:52	-	4	0:08	30	0:18	-	1:35:06	-	36	20:49	247	33:24
Sportplatz Mühlb	8.00	3:38	-	6	0:09	32	0:27	16.00	1:38:44	6:10	7	20:58	49	33:34