



Detailed evaluation

Appelt, Markus

Club: SPARTAN BEAST FINISHER
Number: 574

Course: 16.00 km
Expert

Category:
Männer (20-29 Jahre)

Total time: 1:38:17

Speed: 9.77 km/h
Running performance: 6:08 min/km

Rank in course/Total: 51 (of 304)

Rank in course/Men: 46 (of 252)

Best time in course: 1:05:10

Rank in category: 15(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:15	-	18	1:13	47	1:13	-	2:15	-	18	1:13	47	1:13	
Himmelsleiter +	-	3:43	-	15	1:04	41	1:11	-	5:58	-	18	2:17	45	2:24	
Nordwand + Dov	-	5:31	-	18	1:45	65	1:48	-	11:29	-	19	4:02	47	4:12	
Nordwand + Dov	-	1:50	-	17	0:41	64	0:41	-	13:19	-	18	4:43	46	4:51	
Duckmäuser Eins	-	16:08	-	9	5:28	42	5:28	-	29:27	-	9	10:11	31	10:11	
Duckmäuser Aus	-	0:25	-	27	0:12	70	0:12	-	29:52	-	9	10:22	33	10:22	
Pneumant Einstie	-	0:52	-	25	0:31	86	0:38	-	30:44	-	9	10:52	33	10:52	
Pneumant Aussti	-	0:09	-	38	0:06	133	0:08	-	30:53	-	10	10:55	33	10:55	
Heuschupfen Ei	-	11:16	-	18	3:57	61	3:57	-	42:09	-	10	14:52	34	14:52	
Heuschupfen Ai	-	0:08	-	57	0:04	194	0:04	-	42:17	-	10	14:56	34	14:56	
Schlammbowle E	-	2:26	-	12	0:42	37	0:43	-	44:43	-	10	15:38	34	15:38	
Schlammbowle A	-	0:51	-	15	0:17	40	0:17	-	45:34	-	9	15:54	33	15:54	
Himmelsleiter +	-	4:15	-	17	1:25	54	1:32	-	49:49	-	7	17:19	30	17:19	
Himmelsleiter +	-	4:18	-	22	1:25	57	1:31	-	54:07	-	7	18:44	30	18:44	
Nordwand + Dov	-	5:54	-	18	1:53	51	1:56	-	1:00:01	-	7	20:37	30	20:37	
Nordwand + Dov	-	1:58	-	30	0:47	96	0:54	-	1:01:59	-	7	21:24	30	21:24	
Duckmäuser Eins	-	16:48	-	17	5:59	49	16:31	-	1:18:47	-	7	27:23	28	27:23	
Duckmäuser Aus	-	0:16	-	6	0:05	9	0:05	-	1:19:03	-	7	27:26	28	27:26	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	0:54	-	60	0:52	208	0:52	-	1:19:57	-	72	27:58	245	27:58	
Heuschupfen Ei	-	10:50	-	16	3:29	42	3:29	-	1:30:47	-	72	31:27	245	31:27	
Heuschupfen Ai	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Schlammbowle E	-	2:35	-	24	0:53	68	0:54	-	1:33:22	-	6	32:16	26	32:16	
Schlammbowle A	-	1:12	-	38	0:37	126	0:38	-	1:34:34	-	73	32:52	247	32:52	
Sportplatz Mühlb	8.00	3:43	-	21	0:24	47	0:32	16.00	1:38:17	6:08	15	33:07	46	33:07	