



Detailed evaluation

Lesser, Steffen

Club: Bosch Eisenach
Number: 428

Course: 16.00 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:39:48

Speed: 9.62 km/h
Running performance: 6:14 min/km

Rank in course/Total: 63 (of 304)

Rank in course/Men: 58 (of 252)

Best time in course: 1:05:10

Rank in category: 10(of 31)

Best time in the category: 1:09:36

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:37	-	14	1:25	88	1:35	-	2:37	-	14	1:25	88	1:35	
Himmelsleiter +	-	4:24	-	13	1:39	85	1:52	-	7:01	-	13	3:04	84	3:27	
Nordwand + Dov	-	5:44	-	14	1:49	99	2:01	-	12:45	-	14	4:53	83	5:28	
Nordwand + Dov	-	1:58	-	15	0:33	92	0:49	-	14:43	-	14	5:26	85	6:15	
Duckmäuser Eins	-	16:13	-	9	4:55	44	5:33	-	30:56	-	10	10:21	48	11:40	
Duckmäuser Aus	-	0:18	-	1	-	12	0:05	-	31:14	-	10	10:18	46	11:44	
Pneumant Einstie	-	0:42	-	10	0:21	60	0:28	-	31:56	-	10	10:39	42	12:04	
Pneumant Aussti	-	0:12	-	25	0:08	201	0:11	-	32:08	-	9	10:45	44	12:10	
Heuschnupfen Ei	-	11:20	-	11	3:27	68	4:01	-	43:28	-	9	14:12	41	16:11	
Heuschnupfen Ai	-	0:08	-	27	0:03	194	0:04	-	43:36	-	9	14:13	41	16:15	
Schlammbowle E	-	2:27	-	5	0:43	40	0:44	-	46:03	-	9	14:56	41	16:58	
Schlammbowle A	-	0:53	-	9	0:16	49	0:19	-	46:56	-	9	15:12	40	17:16	
Himmelsleiter +	-	4:31	-	14	1:31	83	1:48	-	51:27	-	9	16:43	38	18:57	
Himmelsleiter +	-	4:30	-	15	1:27	86	1:43	-	55:57	-	9	18:10	39	20:34	
Nordwand + Dov	-	6:04	-	10	1:54	70	2:06	-	1:02:01	-	9	20:04	38	22:37	
Nordwand + Dov	-	1:47	-	7	0:23	47	0:43	-	1:03:48	-	9	20:27	37	23:13	
Duckmäuser Eins	-	16:34	-	9	4:43	44	16:17	-	1:20:22	-	9	25:10	37	28:58	
Duckmäuser Aus	-	0:17	-	4	0:03	15	0:06	-	1:20:39	-	9	25:10	36	29:02	
Pneumant Einstie	-	0:34	-	5	0:13	26	0:14	-	1:21:13	-	8	25:23	32	29:16	
Pneumant Aussti	-	0:05	-	5	0:03	34	0:03	-	1:21:18	-	8	25:21	32	29:19	
Heuschnupfen Ei	-	11:11	-	9	3:17	58	3:50	-	1:32:29	-	8	28:38	32	33:09	
Heuschnupfen Ai	-	0:05	-	1	-	9	0:01	-	1:32:34	-	8	28:37	32	33:10	
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Schlammbowle A	-	3:24	-	29	2:46	241	2:50	-	1:35:58	-	31	29:40	247	34:16	
Sportplatz Mühlb	8.00	3:50	-	12	0:32	85	0:39	16.00	1:39:48	6:14	10	30:12	58	34:38	