



Detailed evaluation

Lumplecker, Christoph

Club: Erfurt
Number: 252

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:09:52

Speed: 6.87 km/h
Running performance: 8:44 min/km

Rank in course/Total: 221 (of 292)

Rank in course/Men: 161 (of 192)

Best time in course: 38:15

Rank in category: 33(of 38)

Best time in the category: 45:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	5:49	-	37	4:03	183	4:27	-	5:49	-	37	4:03	183	4:27
Himmelsleiter +	-	5:57	-	34	2:27	171	3:07	-	11:46	-	36	6:30	183	7:34
Nordwand + Dov	-	7:23	-	26	2:08	143	2:58	-	19:09	-	36	8:38	173	10:30
Nordwand + Dov	-	2:44	-	31	1:06	155	1:16	-	21:53	-	36	9:39	171	11:42
Duckmäuser Eins	-	21:28	-	20	6:48	106	9:07	-	43:21	-	21	15:51	111	20:35
Duckmäuser Aus	-	0:27	-	15	0:08	72	0:11	-	43:48	-	21	15:56	111	20:44
Pneumant Einstie	-	2:11	-	28	1:47	149	1:50	-	45:59	-	21	17:31	109	22:31
Pneumant Aussti	-	0:15	-	36	0:10	167	0:12	-	46:14	-	21	17:41	109	22:40
Heuschnupfen Ei	-	14:47	-	31	4:53	147	6:03	-	1:01:01	-	19	22:34	106	28:43
Heuschnupfen Ai	-	0:08	-	33	0:04	156	0:04	-	1:01:09	-	19	22:37	104	28:47
Schlammbowle E	-	3:00	-	27	0:55	120	1:05	-	1:04:09	-	19	23:24	102	29:51
Schlammbowle A	-	1:26	-	31	0:42	145	0:52	-	1:05:35	-	19	24:06	101	30:43
Sportplatz Mühlb	8.00	4:17	-	21	0:37	125	0:54	8.00	1:09:52	8:43	33	24:40	161	31:37