



Detailed evaluation

Steiner, Patrick

Club: Stiftung Wadentest
Number: 397

Course: 16.00 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:55:46

Speed: 8.29 km/h
Running performance: 7:14 min/km

Rank in course/Total: 175 (of 304)

Rank in course/Men: 162 (of 252)

Best time in course: 1:05:10

Rank in category: 29(of 53)

Best time in the category: 1:09:26

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:57	-	23	1:50	128	1:55	-	2:57	-	23	1:50	128	1:55	
Himmelsleiter +	-	4:55	-	27	2:06	137	2:23	-	7:52	-	26	3:56	134	4:18	
Nordwand + Dov	-	5:56	-	26	2:01	130	2:13	-	13:48	-	27	5:57	131	6:31	
Nordwand + Dov	-	2:08	-	27	0:52	141	0:59	-	15:56	-	27	6:39	129	7:28	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Einstie	-	19:25	-	46	19:05	215	19:11	-	35:21	-	16	14:05	77	15:29	
Pneumant Aussti	-	0:08	-	20	0:06	103	0:07	-	35:29	-	16	14:09	76	15:31	
Heuschnupfen Ei	-	12:54	-	29	4:59	163	5:35	-	48:23	-	52	19:08	242	21:06	
Heuschnupfen Ai	-	0:06	-	13	0:02	50	0:02	-	48:29	-	52	19:09	242	21:08	
Schlammbowle E	-	2:51	-	26	1:05	142	1:08	-	51:20	-	51	20:14	241	22:15	
Schlammbowle A	-	1:24	-	42	0:48	195	0:50	-	52:44	-	52	21:02	248	23:04	
Himmelsleiter +	-	5:23	-	39	2:22	194	2:40	-	58:07	-	15	23:24	78	25:37	
Himmelsleiter +	-	4:49	-	22	1:46	130	2:02	-	1:02:56	-	51	25:10	244	27:33	
Nordwand + Dov	-	6:59	-	31	2:49	160	3:01	-	1:09:55	-	51	27:59	244	30:31	
Nordwand + Dov	-	2:09	-	27	0:46	155	1:05	-	1:12:04	-	51	28:44	244	31:29	
Duckmäuser Eins	-	20:46	-	28	8:55	139	20:29	-	1:32:50	-	41	37:39	191	41:26	
Duckmäuser Aus	-	0:33	-	33	0:18	151	0:22	-	1:33:23	-	48	37:55	223	41:46	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	1:17	-	50	1:15	219	1:15	-	1:34:40	-	51	38:47	245	42:41	
Heuschnupfen Ei	-	12:40	-	23	4:42	129	5:19	-	1:47:20	-	13	43:29	66	48:00	
Heuschnupfen Ai	-	0:05	-	3	0:01	9	0:01	-	1:47:25	-	51	43:30	243	48:01	
Schlammbowle E	-	2:46	-	22	1:05	117	1:05	-	1:50:11	-	13	44:35	64	49:05	
Schlammbowle A	-	1:35	-	45	0:56	208	1:01	-	1:51:46	-	52	45:31	247	50:04	
Sportplatz Mühlb	8.00	4:00	-	27	0:49	147	0:49	16.00	1:55:46	7:14	29	46:20	162	50:36	