



Detailed evaluation

Schinköthe, Nicolas

Club: Erfurt
Number: 147

Course: 8.00 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:05:15

Speed: 7.36 km/h
Running performance: 8:10 min/km

Rank in course/Total: 171 (of 292)

Rank in course/Men: 136 (of 192)

Best time in course: 38:15

Rank in category: 25(of 31)

Best time in the category: 44:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:32	-	26	2:33	145	3:10	-	4:32	-	26	2:33	145	3:10
Himmelsleiter +	-	5:47	-	30	2:23	153	2:57	-	10:19	-	27	4:56	144	6:07
Nordwand + Dov	-	7:11	-	25	2:10	136	2:46	-	17:30	-	27	7:06	143	8:51
Nordwand + Dov	-	2:30	-	21	1:01	120	1:02	-	20:00	-	27	8:07	142	9:49
Duckmäuser Eins	-	21:11	-	18	6:39	102	8:50	-	41:11	-	18	14:46	103	18:25
Duckmäuser Aus	-	0:26	-	9	0:07	62	0:10	-	41:37	-	17	13:22	101	18:33
Pneumant Einstie	-	0:55	-	11	0:27	70	0:34	-	42:32	-	15	11:25	96	19:04
Pneumant Aussti	-	0:04	-	2	0:01	4	0:01	-	42:36	-	15	11:24	96	19:02
Heuschnupfen Ei	-	14:02	-	23	4:06	132	5:18	-	56:38	-	14	14:18	93	24:20
Heuschnupfen Ai	-	0:06	-	11	0:01	65	0:02	-	56:44	-	14	14:19	91	24:22
Schlammbowle E	-	3:03	-	25	0:51	128	1:08	-	59:47	-	14	14:58	90	25:29
Schlammbowle A	-	1:20	-	23	0:45	125	0:46	-	1:01:07	-	14	15:28	90	26:15
Sportplatz Mühlb	8.00	4:08	-	22	0:31	101	0:45	8.00	1:05:15	8:09	25	21:01	136	27:00