



Helbing King of Cross
Mühlberg / 01.11.2015

Detailed evaluation

Bühling, Oliver

Club: Coburg Locals / RunningBros
Number: 221

Course: 8.00 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 50:02

Speed: 9.59 km/h
Running performance: 6:15 min/km

Rank in course/Total: 36 (of 292)

Rank in course/Men: 34 (of 192)

Best time in course: 38:15

Rank in category: 6(of 31)

Best time in the category: 44:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:56	-	9	0:57	67	1:34	-	2:56	-	9	0:57	67	1:34
Himmelsleiter +	-	4:07	-	6	0:43	43	1:17	-	7:03	-	7	1:40	52	2:51
Nordwand + Dov	-	5:38	-	4	0:37	23	1:13	-	12:41	-	7	2:17	40	4:02
Nordwand + Dov	-	2:02	-	7	0:33	51	0:34	-	14:43	-	7	2:50	44	4:32
Duckmäuser Eins	-	16:15	-	5	1:43	28	3:54	-	30:58	-	6	4:33	33	8:12
Duckmäuser Aus	-	0:26	-	9	0:07	62	0:10	-	31:24	-	5	3:09	32	8:20
Pneumant Einstie	-	0:28	-	1	-	6	0:07	-	31:52	-	3	0:45	30	8:24
Pneumant Aussti	-	0:15	-	27	0:12	167	0:12	-	32:07	-	3	0:55	30	8:33
Heuschnupfen Ei	-	10:48	-	4	0:52	19	2:04	-	42:55	-	3	0:35	28	10:37
Heuschnupfen Ai	-	0:05	-	1	-	10	0:01	-	43:00	-	3	0:35	27	10:38
Schlammbowle E	-	2:25	-	6	0:13	35	0:30	-	45:25	-	3	0:36	26	11:07
Schlammbowle A	-	0:57	-	11	0:22	57	0:23	-	46:22	-	3	0:43	26	11:30
Sportplatz Mühlb	8.00	3:40	-	2	0:03	9	0:17	8.00	50:02	6:15	6	5:48	34	11:47