



## Detailed evaluation

Frank, Michelle

Club: Sport Fundgrube Rudolstadt  
Number: 56

Course: 8.00 km  
Sprint

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 1:13:13

Speed: 6.56 km/h  
Running performance: 9:09 min/km

Rank in course/Total: 248 (of 292)

Rank in course/Women: 74 (of 100)

Best time in course: 46:25

Rank in category: 4(of 6)

Best time in the category: 46:25

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Himmelsleiter +	-	5:07	-	3	2:57	63	2:57	-	5:07	-	3	2:57	63	2:57	
Himmelsleiter +	-	5:44	-	3	2:02	47	2:02	-	10:51	-	3	4:59	58	4:59	
Nordwand + Dov	-	7:43	-	4	2:12	61	2:18	-	18:34	-	4	7:11	63	7:11	
Nordwand + Dov	-	2:55	-	5	1:24	66	1:24	-	21:29	-	4	8:35	61	8:35	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	25:00	-	5	24:42	88	24:42	-	46:29	-	7	18:07	57	18:07	
Pneumant Einstie	-	1:22	-	3	0:56	48	0:59	-	47:51	-	7	19:03	95	19:03	
Pneumant Aussti	-	0:14	-	3	0:08	64	0:09	-	48:05	-	7	19:11	101	19:11	
Heuschnupfen Ei	-	15:07	-	4	4:33	61	4:33	-	1:03:12	-	7	23:44	100	23:44	
Heuschnupfen Ai	-	0:10	-	6	0:05	81	0:05	-	1:03:22	-	7	23:49	99	23:49	
Schlammbowle E	-	3:27	-	4	1:00	70	1:00	-	1:06:49	-	7	24:49	99	24:49	
Schlammbowle A	-	1:54	-	6	1:11	79	1:11	-	1:08:43	-	7	26:00	101	26:00	
Sportplatz Mühlb	8.00	4:30	-	3	0:48	65	0:52	8.00	1:13:13	9:09	4	26:48	74	26:48	