



Detailed evaluation

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Club: Tröbnitz
Number: 149

Course: 8.00 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:39

Speed: 8.47 km/h
Running performance: 7:05 min/km

Rank in course/Total: 75 (of 292)

Rank in course/Men: 66 (of 192)

Best time in course: 38:15

Rank in category: 14(of 31)

Best time in the category: 44:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	3:44	-	20	1:45	117	2:22	-	3:44	-	20	1:45	117	2:22
Himmelsleiter +	-	5:14	-	19	1:50	110	2:24	-	8:58	-	21	3:35	115	4:46
Nordwand + Dov	-	6:04	-	10	1:03	53	1:39	-	15:02	-	16	4:38	92	6:23
Nordwand + Dov	-	2:31	-	24	1:02	125	1:03	-	17:33	-	16	5:40	94	7:22
Duckmäuser Eins	-	17:49	-	11	3:17	50	5:28	-	35:22	-	15	8:57	62	12:36
Duckmäuser Aus	-	0:24	-	4	0:05	43	0:08	-	35:46	-	14	7:31	61	12:42
Pneumant Einstie	-	0:55	-	11	0:27	70	0:34	-	36:41	-	11	5:34	59	13:13
Pneumant Aussti	-	0:12	-	22	0:09	133	0:09	-	36:53	-	11	5:41	59	13:19
Heuschnupfen Ei	-	11:54	-	12	1:58	61	3:10	-	48:47	-	10	6:27	52	16:29
Heuschnupfen Ai	-	0:05	-	1	-	10	0:01	-	48:52	-	10	6:27	50	16:30
Schlammbowle E	-	2:39	-	12	0:27	68	0:44	-	51:31	-	10	6:42	50	17:13
Schlammbowle A	-	1:11	-	18	0:36	104	0:37	-	52:42	-	10	7:03	51	17:50
Sportplatz Mühlb	8.00	3:57	-	11	0:20	61	0:34	8.00	56:39	7:04	14	12:25	66	18:24