



Helbing King of Cross
Mühlberg / 01.11.2015

Detailed evaluation

Marx, Silvio

Club: Erfurt
Number: 6

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:07:13

Speed: 7.14 km/h
Running performance: 8:24 min/km

Rank in course/Total: 192 (of 292)

Rank in course/Men: 146 (of 192)

Best time in course: 38:15

Rank in category: 31(of 38)

Best time in the category: 45:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	3:20	-	18	1:34	83	1:58	-	3:20	-	18	1:34	83	1:58
Himmelsleiter +	-	5:13	-	21	1:43	106	2:23	-	8:33	-	20	3:17	97	4:21
Nordwand + Dov	-	7:20	-	25	2:05	142	2:55	-	15:53	-	22	5:22	113	7:14
Nordwand + Dov	-	2:23	-	16	0:45	91	0:55	-	18:16	-	21	6:02	110	8:05
Duckmäuser Eins	-	22:21	-	21	7:41	112	10:00	-	40:37	-	19	13:07	100	17:51
Duckmäuser Aus	-	0:38	-	24	0:19	119	0:22	-	41:15	-	19	13:23	99	18:11
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Pneumant Aussti	-	1:10	-	38	1:05	186	1:07	-	42:25	-	39	13:52	192	18:51
Heuschnupfen Ei	-	15:07	-	32	5:13	158	6:23	-	57:32	-	38	19:05	188	25:14
Heuschnupfen Ai	-	0:08	-	33	0:04	156	0:04	-	57:40	-	39	19:08	190	25:18
Schlammbowle E	-	3:33	-	35	1:28	169	1:38	-	1:01:13	-	39	20:28	189	26:55
Schlammbowle A	-	1:20	-	28	0:36	125	0:46	-	1:02:33	-	39	21:04	191	27:41
Sportplatz Mühlb	8.00	4:40	-	31	1:00	167	1:17	8.00	1:07:13	8:24	31	22:01	146	28:58