



Helbing King of Cross

Mühlberg / 01.11.2015

Detailed evaluation

Spittel, Martin

Club: Gotha
Number: 413

Course: 16.00 km
Expert

Category:
Männer (20-29 Jahre)

Total time: 1:46:15

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 107 (of 304)

Rank in course/Men: 102 (of 252)

Best time in course: 1:05:10

Rank in category: 30(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:47	-	55	2:45	184	2:45	-	3:47	-	55	2:45	184	2:45	
Himmelsleiter +	-	5:13	-	53	2:34	181	2:41	-	9:00	-	53	5:19	179	5:26	
Nordwand + Dov	-	5:41	-	24	1:55	86	1:58	-	14:41	-	49	7:14	160	7:24	
Nordwand + Dov	-	2:20	-	52	1:11	182	1:11	-	17:01	-	51	8:25	166	8:33	
Duckmäuser Eins	-	16:56	-	19	6:16	65	6:16	-	33:57	-	27	14:41	85	14:41	
Duckmäuser Aus	-	0:21	-	14	0:08	30	0:08	-	34:18	-	27	14:48	84	14:48	
Pneumant Einstie	-	1:10	-	37	0:49	134	0:56	-	35:28	-	26	15:36	78	15:36	
Pneumant Aussti	-	0:06	-	13	0:03	43	0:05	-	35:34	-	26	15:36	77	15:36	
Heuschupfen Ei	-	11:05	-	15	3:46	54	3:46	-	46:39	-	20	19:22	61	19:22	
Heuschupfen Ai	-	0:07	-	41	0:03	139	0:03	-	46:46	-	20	19:25	61	19:25	
Schlammbowle E	-	2:29	-	16	0:45	49	0:46	-	49:15	-	20	20:10	58	20:10	
Schlammbowle A	-	0:58	-	24	0:24	77	0:24	-	50:13	-	18	20:33	55	20:33	
Himmelsleiter +	-	4:46	-	33	1:56	118	2:03	-	54:59	-	18	22:29	57	22:29	
Himmelsleiter +	-	4:35	-	31	1:42	99	1:48	-	59:34	-	18	24:11	57	24:11	
Nordwand + Dov	-	6:12	-	26	2:11	80	2:14	-	1:05:46	-	17	26:22	55	26:22	
Nordwand + Dov	-	2:08	-	48	0:57	148	1:04	-	1:07:54	-	17	27:19	55	27:19	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	18:29	-	59	18:18	197	18:18	-	1:26:23	-	67	34:46	223	34:46	
Pneumant Einstie	-	1:28	-	41	1:08	143	1:08	-	1:27:51	-	56	35:54	46	35:54	
Pneumant Aussti	-	0:07	-	26	0:05	80	0:05	-	1:27:58	-	72	35:59	45	35:59	
Heuschupfen Ei	-	11:06	-	20	3:45	52	3:45	-	1:39:04	-	72	39:44	245	39:44	
Heuschupfen Ai	-	0:06	-	24	0:02	58	0:02	-	1:39:10	-	71	39:46	243	39:46	
Schlammbowle E	-	2:23	-	13	0:41	34	0:42	-	1:41:33	-	73	40:27	241	40:27	
Schlammbowle A	-	1:04	-	31	0:29	86	0:30	-	1:42:37	-	73	40:55	247	40:55	
Sportplatz Mühlb	8.00	3:38	-	15	0:19	32	0:27	16.00	1:46:15	6:38	30	41:05	102	41:05	