



Detailed evaluation

Pfeuffer, Jörg

Club: Body Fit Erfurt
Number: 540

Course: 16.00 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:06:56

Speed: 7.56 km/h
Running performance: 7:56 min/km

Rank in course/Total: 233 (of 304)

Rank in course/Men: 210 (of 252)

Best time in course: 1:05:10

Rank in category: 43(of 53)

Best time in the category: 1:09:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	4:01	-	37	2:54	190	2:59	-	4:01	-	37	2:54	190	2:59	
Himmelsleiter +	-	5:21	-	40	2:32	205	2:49	-	9:22	-	40	5:26	198	5:48	
Nordwand + Dov	-	7:04	-	46	3:09	231	3:21	-	16:26	-	44	8:35	213	9:09	
Nordwand + Dov	-	2:42	-	49	1:26	235	1:33	-	19:08	-	45	9:51	218	10:40	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	21:16	-	43	20:59	210	21:03	-	40:24	-	29	19:28	135	20:54	
Pneumant Einstie	-	0:55	-	19	0:35	96	0:41	-	41:19	-	50	20:03	230	21:27	
Pneumant Aussti	-	0:19	-	49	0:17	223	0:18	-	41:38	-	52	20:18	247	21:40	
Heuschnupfen Ei	-	13:39	-	45	5:44	204	6:20	-	55:17	-	52	26:02	242	28:00	
Heuschnupfen Ai	-	0:11	-	50	0:07	229	0:07	-	55:28	-	52	26:08	242	28:07	
Schlammbowle E	-	3:07	-	41	1:21	205	1:24	-	58:35	-	51	27:29	241	29:30	
Schlammbowle A	-	1:23	-	41	0:47	193	0:49	-	59:58	-	52	28:16	248	30:18	
Himmelsleiter +	-	5:14	-	35	2:13	180	2:31	-	1:05:12	-	51	30:29	244	32:42	
Himmelsleiter +	-	5:18	-	41	2:15	199	2:31	-	1:10:30	-	51	32:44	244	35:07	
Nordwand + Dov	-	7:50	-	41	3:40	211	3:52	-	1:18:20	-	51	36:24	244	38:56	
Nordwand + Dov	-	2:24	-	40	1:01	204	1:20	-	1:20:44	-	51	37:24	244	40:09	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	22:10	-	44	21:55	218	21:59	-	1:42:54	-	48	47:26	223	51:17	
Pneumant Einstie	-	1:27	-	31	1:06	141	1:07	-	1:44:21	-	46	48:32	196	52:24	
Pneumant Aussti	-	0:09	-	31	0:07	135	0:07	-	1:44:30	-	51	48:37	245	52:31	
Heuschnupfen Ei	-	13:49	-	37	5:51	186	6:28	-	1:58:19	-	51	54:28	245	58:59	
Heuschnupfen Ai	-	0:07	-	28	0:03	132	0:03	-	1:58:26	-	51	54:31	243	59:02	
Schlammbowle E	-	3:05	-	34	1:24	176	1:24	-	2:01:31	-	52	55:55	241	1:00:25	
Schlammbowle A	-	1:17	-	36	0:38	154	0:43	-	2:02:48	-	52	56:33	247	1:01:06	
Sportplatz Mühlb	8.00	4:08	-	36	0:57	186	0:57	16.00	2:06:56	7:56	43	57:30	210	1:01:46	