



Detailed evaluation

Jennert, Norman

Club: Team Helbing
Number: 461

Course: 16.00 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:49:17

Speed: 8.78 km/h
Running performance: 6:50 min/km

Rank in course/Total: 126 (of 304)

Rank in course/Men: 119 (of 252)

Best time in course: 1:05:10

Rank in category: 17(of 31)

Best time in the category: 1:09:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	2:35	-	12	1:23	85	1:33	-	2:35	-	12	1:23	85	1:33
Himmelsleiter +	-	4:31	-	14	1:46	96	1:59	-	7:06	-	14	3:09	89	3:32
Nordwand + Dov	-	5:35	-	11	1:40	75	1:52	-	12:41	-	13	4:49	81	5:24
Nordwand + Dov	-	1:53	-	13	0:28	72	0:44	-	14:34	-	13	5:17	81	6:06
Duckmäuser Eins	-	16:44	-	11	5:26	59	6:04	-	31:18	-	11	10:43	55	12:02
Duckmäuser Aus	-	0:30	-	16	0:12	120	0:17	-	31:48	-	11	10:52	56	12:18
Pneumant Einstie	-	0:44	-	13	0:23	67	0:30	-	32:32	-	11	11:15	52	12:40
Pneumant Aussti	-	0:10	-	19	0:06	164	0:09	-	32:42	-	10	11:19	51	12:44
Heuschupfen Ei	-	12:07	-	16	4:14	114	4:48	-	44:49	-	10	15:33	52	17:32
Heuschupfen Ai	-	0:07	-	21	0:02	139	0:03	-	44:56	-	10	15:33	52	17:35
Schlammbowle E	-	2:52	-	19	1:08	149	1:09	-	47:48	-	10	16:41	51	18:43
Schlammbowle A	-	1:15	-	23	0:38	161	0:41	-	49:03	-	10	17:19	51	19:23
Himmelsleiter +	-	4:47	-	19	1:47	119	2:04	-	53:50	-	10	19:06	52	21:20
Himmelsleiter +	-	4:50	-	18	1:47	133	2:03	-	58:40	-	10	20:53	53	23:17
Nordwand + Dov	-	6:40	-	19	2:30	128	2:42	-	1:05:20	-	10	23:23	53	25:56
Nordwand + Dov	-	2:20	-	24	0:56	189	1:16	-	1:07:40	-	10	24:19	54	27:05
Duckmäuser Eins	-	19:36	-	15	7:45	114	19:19	-	1:27:16	-	10	32:04	56	35:52
Duckmäuser Aus	-	0:36	-	25	0:22	164	0:25	-	1:27:52	-	10	32:23	57	36:15
Pneumant Einstie	-	0:49	-	10	0:28	52	0:29	-	1:28:41	-	9	32:51	50	36:44
Pneumant Aussti	-	0:08	-	18	0:06	103	0:06	-	1:28:49	-	9	32:52	50	36:50
Heuschupfen Ei	-	12:30	-	16	4:36	122	5:09	-	1:41:19	-	9	37:28	49	41:59
Heuschupfen Ai	-	0:06	-	7	0:01	58	0:02	-	1:41:25	-	9	37:28	49	42:01
Schlammbowle E	-	2:49	-	18	1:06	130	1:08	-	1:44:14	-	8	38:34	47	43:08
Schlammbowle A	-	1:11	-	15	0:33	118	0:37	-	1:45:25	-	8	39:07	47	43:43
Sportplatz Mühlb	8.00	3:52	-	14	0:34	93	0:41	16.00	1:49:17	6:49	17	39:41	119	44:07