



## Detailed evaluation

**Balzat, Julia**

Club: Erfurt  
Number: 231

Course: 8.00 km  
Sprint

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:30:08

Speed: 5.33 km/h  
Running performance: 11:16 min/km

Rank in course/Total: 291 (of 292)

Rank in course/Women: 100 (of 100)

Best time in course: 46:25

Rank in category: 25(of 25)

Best time in the category: 48:57

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	6:22	-	25	4:03	100	4:12	-	6:22	-	25	4:03	100	4:12
Himmelsleiter +	-	6:56	-	23	3:01	96	3:14	-	13:18	-	25	7:04	100	7:26
Nordwand + Dov	-	9:47	-	20	4:22	92	4:22	-	23:05	-	25	11:26	100	11:42
Nordwand + Dov	-	3:32	-	23	1:36	93	2:01	-	26:37	-	24	12:53	99	13:43
Duckmäuser Eins	-	28:42	-	21	12:41	75	13:32	-	55:19	-	21	25:34	75	27:15
Duckmäuser Aus	-	0:51	-	20	0:30	72	0:33	-	56:10	-	20	26:01	73	27:48
Pneumant Einstie	-	1:29	-	13	1:05	58	1:06	-	57:39	-	20	27:06	68	28:51
Pneumant Aussti	-	0:16	-	19	0:09	76	0:11	-	57:55	-	20	27:12	68	29:01
Heuschnupfen Ei	-	20:45	-	24	9:55	97	10:11	-	1:18:40	-	20	37:07	68	39:12
Heuschnupfen Ai	-	0:12	-	24	0:07	91	0:07	-	1:18:52	-	20	37:13	66	39:19
Schlammbowle E	-	4:34	-	24	2:05	96	2:07	-	1:23:26	-	20	39:18	65	41:26
Schlammbowle A	-	1:41	-	14	0:54	64	0:58	-	1:25:07	-	20	39:58	65	42:24
Sportplatz Mühlb	8.00	5:01	-	24	1:18	92	1:23	8.00	1:30:08	11:16	25	41:11	100	43:43