



Detailed evaluation

Klages, Katja

Club: Trailrunning Harz - Helios Team
Number: 613

Course: 16.00 km
Expert

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:52:43

Speed: 8.52 km/h
Running performance: 7:02 min/km

Rank in course/Total: 142 (of 304)

Rank in course/Women: 8 (of 52)

Best time in course: 1:26:55

Rank in category: 3(of 9)

Best time in the category: 1:30:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	3:43	-	5	1:42	19	1:42	-	3:43	-	5	1:42	19	1:42
Himmelsleiter +	-	5:20	-	4	1:49	19	1:49	-	9:03	-	5	3:31	20	3:31
Nordwand + Dov	-	6:07	-	3	0:56	10	1:07	-	15:10	-	3	4:27	15	4:28
Nordwand + Dov	-	2:19	-	3	0:40	16	0:43	-	17:29	-	3	5:07	15	5:08
Duckmäuser Eins	-	17:27	-	2	1:59	5	3:26	-	34:56	-	2	5:54	5	8:34
Duckmäuser Aus	-	0:24	-	1	-	4	0:05	-	35:20	-	2	5:52	5	8:37
Pneumant Einstie	-	1:06	-	7	0:48	18	0:48	-	36:26	-	2	6:31	5	9:12
Pneumant Aussti	-	0:10	-	3	0:03	13	0:06	-	36:36	-	2	6:29	5	9:15
Heuschnupfen Ei	-	12:22	-	3	2:24	9	2:31	-	48:58	-	2	8:05	5	11:46
Heuschnupfen Ai	-	0:09	-	6	0:04	36	0:04	-	49:07	-	2	8:08	5	11:49
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Schlammbowle A	-	3:47	-	9	2:54	50	2:54	-	52:54	-	10	8:32	51	12:24
Himmelsleiter +	-	4:36	-	3	0:26	9	0:58	-	57:30	-	10	8:58	51	13:22
Himmelsleiter +	-	4:41	-	3	0:35	9	0:47	-	1:02:11	-	10	9:30	51	14:09
Nordwand + Dov	-	6:27	-	3	0:52	9	1:17	-	1:08:38	-	10	10:22	51	15:26
Nordwand + Dov	-	2:03	-	3	0:24	7	0:28	-	1:10:41	-	10	10:31	51	15:54
Duckmäuser Eins	-	18:41	-	3	3:09	9	3:57	-	1:29:22	-	10	12:52	42	19:51
Duckmäuser Aus	-	0:22	-	2	0:05	6	0:05	-	1:29:44	-	10	12:48	50	19:52
Pneumant Einstie	-	1:17	-	4	0:52	18	0:52	-	1:31:01	-	10	13:38	47	20:35
Pneumant Aussti	-	0:09	-	3	0:03	10	0:03	-	1:31:10	-	10	13:36	51	20:38
Heuschnupfen Ei	-	12:59	-	3	2:24	14	3:19	-	1:44:09	-	10	15:53	50	23:57
Heuschnupfen Ai	-	0:09	-	6	0:03	30	0:04	-	1:44:18	-	10	15:56	51	24:00
Schlammbowle E	-	3:04	-	3	0:38	15	0:56	-	1:47:22	-	9	16:34	47	24:56
Schlammbowle A	-	1:20	-	2	0:11	15	0:26	-	1:48:42	-	10	16:45	51	25:22
Sportplatz Mühlb	8.00	4:01	-	4	0:17	15	0:26	16.00	1:52:43	7:02	3	22:02	8	25:48