



Detailed evaluation

Gerner, Lucas

Club: Ilmenau
Number: 180

Course: 8.00 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:12:15

Speed: 6.64 km/h
Running performance: 9:02 min/km

Rank in course/Total: 240 (of 292)

Rank in course/Men: 172 (of 192)

Best time in course: 38:15

Rank in category: 34(of 40)

Best time in the category: 38:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	5:33	-	34	4:11	176	4:11	-	5:33	-	34	4:11	176	4:11
Himmelsleiter +	-	5:51	-	31	3:01	162	3:01	-	11:24	-	34	7:12	173	7:12
Nordwand + Dov	-	8:01	-	38	3:34	173	3:36	-	19:25	-	37	10:46	176	10:46
Nordwand + Dov	-	2:48	-	31	1:16	160	1:20	-	22:13	-	35	12:02	175	12:02
Duckmäuser Eins	-	23:09	-	23	8:43	116	10:48	-	45:22	-	23	18:07	114	22:36
Duckmäuser Aus	-	0:33	-	25	0:17	111	0:17	-	45:55	-	23	18:20	113	22:51
Pneumant Einstie	-	1:00	-	19	0:39	88	0:39	-	46:55	-	23	18:51	110	23:27
Pneumant Aussti	-	0:12	-	31	0:09	133	0:09	-	47:07	-	23	19:00	110	23:33
Heuschnupfen Ei	-	15:30	-	36	6:35	167	6:46	-	1:02:37	-	23	24:18	109	30:19
Heuschnupfen Ai	-	0:13	-	39	0:09	184	0:09	-	1:02:50	-	23	24:27	107	30:28
Schlammbowle E	-	3:14	-	32	1:19	148	1:19	-	1:06:04	-	23	25:33	105	31:46
Schlammbowle A	-	1:43	-	35	1:03	167	1:09	-	1:07:47	-	23	26:32	105	32:55
Sportplatz Mühlb	8.00	4:28	-	32	1:03	148	1:05	8.00	1:12:15	9:01	34	33:36	172	34:00