



Detailed evaluation

Norgardt, Doreen

Club: Bad Schwalbach
Number: 521

Course: 16.00 km
Expert

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:53:51

Speed: 8.43 km/h
Running performance: 7:07 min/km

Rank in course/Total: 156 (of 304)

Rank in course/Women: 11 (of 52)

Best time in course: 1:26:55

Rank in category: 4(of 11)

Best time in the category: 1:26:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	3:26	-	6	1:25	15	1:25	-	3:26	-	6	1:25	15	1:25
Himmelsleiter +	-	5:02	-	5	1:27	12	1:31	-	8:28	-	6	2:46	14	2:56
Nordwand + Dov	-	6:20	-	4	1:20	12	1:20	-	14:48	-	5	4:06	13	4:06
Nordwand + Dov	-	2:16	-	5	0:37	13	0:40	-	17:04	-	5	4:43	13	4:43
Duckmäuser Eins	-	18:33	-	3	4:32	6	4:32	-	35:37	-	3	9:15	6	9:15
Duckmäuser Aus	-	0:25	-	3	0:04	6	0:06	-	36:02	-	3	9:19	6	9:19
Pneumant Einstie	-	1:06	-	6	0:40	18	0:48	-	37:08	-	3	9:54	6	9:54
Pneumant Aussti	-	0:06	-	2	0:01	3	0:02	-	37:14	-	3	9:53	6	9:53
Heuschupfen Ei	-	12:30	-	3	2:39	11	2:39	-	49:44	-	3	12:32	6	12:32
Heuschupfen Ai	-	0:06	-	1	-	2	0:01	-	49:50	-	3	12:32	6	12:32
Schlammbowle E	-	2:46	-	3	0:31	8	0:31	-	52:36	-	3	13:03	5	13:03
Schlammbowle A	-	1:16	-	5	0:23	8	0:23	-	53:52	-	3	13:22	5	13:22
Himmelsleiter +	-	5:04	-	7	1:26	18	1:26	-	58:56	-	3	14:48	5	14:48
Himmelsleiter +	-	4:59	-	4	1:05	12	1:05	-	1:03:55	-	3	15:53	5	15:53
Nordwand + Dov	-	6:39	-	4	1:29	11	1:29	-	1:10:34	-	3	17:22	5	17:22
Nordwand + Dov	-	2:13	-	4	0:38	11	0:38	-	1:12:47	-	3	18:00	5	18:00
Duckmäuser Eins	-	19:13	-	4	4:29	10	4:29	-	1:32:00	-	3	22:29	5	22:29
Duckmäuser Aus	-	0:21	-	1	-	3	0:04	-	1:32:21	-	3	22:29	5	22:29
Pneumant Einstie	-	0:57	-	4	0:23	7	0:32	-	1:33:18	-	3	22:52	5	22:52
Pneumant Aussti	-	0:07	-	3	0:01	4	0:01	-	1:33:25	-	3	22:53	5	22:53
Heuschupfen Ei	-	12:31	-	4	2:51	10	2:51	-	1:45:56	-	3	25:44	5	25:44
Heuschupfen Ai	-	0:05	-	1	-	1	-	-	1:46:01	-	3	25:43	5	25:43
Schlammbowle E	-	2:45	-	4	0:37	9	0:37	-	1:48:46	-	3	26:20	5	26:20
Schlammbowle A	-	1:17	-	6	0:23	11	0:23	-	1:50:03	-	3	26:43	5	26:43
Sportplatz Mühlb	8.00	3:48	-	3	0:13	7	0:13	16.00	1:53:51	7:06	4	26:56	11	26:56