



## Detailed evaluation

Kruspe, Brian

Total time: 1:53:17

Number: 686

Speed: 8.47 km/h

Running performance: 7:05 min/km

Course: 16.00 km

Rank in course/Total: 150 (of 304)

Expert

Rank in course/Men: 139 (of 252)

Best time in course: 1:05:10

Category:

Rank in category: 20(of 31)

Senioren M40 (40-44 Jahre)

Best time in the category: 1:09:36

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:37	-	14	1:25	88	1:35	-	2:37	-	14	1:25	88	1:35	
Himmelsleiter +	-	4:34	-	15	1:49	102	2:02	-	7:11	-	15	3:14	96	3:37	
Nordwand + Dov	-	6:01	-	19	2:06	138	2:18	-	13:12	-	15	5:20	102	5:55	
Nordwand + Dov	-	2:08	-	18	0:43	141	0:59	-	15:20	-	15	6:03	109	6:52	
Duckmäuser Eins	-	17:42	-	13	6:24	83	7:02	-	33:02	-	12	12:27	72	13:46	
Duckmäuser Aus	-	0:24	-	9	0:06	57	0:11	-	33:26	-	12	12:30	72	13:56	
Pneumant Einstie	-	0:55	-	14	0:34	96	0:41	-	34:21	-	12	13:04	66	14:29	
Pneumant Aussti	-	0:07	-	10	0:03	72	0:06	-	34:28	-	11	13:05	65	14:30	
Heuschupfen Ei	-	12:39	-	22	4:46	152	5:20	-	47:07	-	11	17:51	64	19:50	
Heuschupfen Ai	-	0:06	-	5	0:01	50	0:02	-	47:13	-	11	17:50	64	19:52	
Schlammbowle E	-	2:52	-	19	1:08	149	1:09	-	50:05	-	11	18:58	63	21:00	
Schlammbowle A	-	1:09	-	20	0:32	134	0:35	-	51:14	-	11	19:30	64	21:34	
Himmelsleiter +	-	4:51	-	20	1:51	125	2:08	-	56:05	-	11	21:21	62	23:35	
Himmelsleiter +	-	4:57	-	22	1:54	156	2:10	-	1:01:02	-	11	23:15	64	25:39	
Nordwand + Dov	-	6:58	-	21	2:48	156	3:00	-	1:08:00	-	11	26:03	67	28:36	
Nordwand + Dov	-	2:23	-	25	0:59	201	1:19	-	1:10:23	-	11	27:02	70	29:48	
Duckmäuser Eins	-	19:46	-	17	7:55	120	19:29	-	1:30:09	-	13	34:57	65	38:45	
Duckmäuser Aus	-	0:31	-	22	0:17	143	0:20	-	1:30:40	-	13	35:11	65	39:03	
Pneumant Einstie	-	0:59	-	15	0:38	88	0:39	-	1:31:39	-	12	35:49	56	39:42	
Pneumant Aussti	-	0:03	-	2	0:01	8	0:01	-	1:31:42	-	12	35:45	56	39:43	
Heuschupfen Ei	-	13:30	-	25	5:36	173	6:09	-	1:45:12	-	12	41:21	57	45:52	
Heuschupfen Ai	-	0:06	-	7	0:01	58	0:02	-	1:45:18	-	12	41:21	56	45:54	
Schlammbowle E	-	2:48	-	17	1:05	125	1:07	-	1:48:06	-	11	42:26	55	47:00	
Schlammbowle A	-	1:15	-	21	0:37	141	0:41	-	1:49:21	-	11	43:03	55	47:39	
Sportplatz Mühlb	8.00	3:56	-	16	0:38	120	0:45	16.00	1:53:17	7:04	20	43:41	139	48:07	