



Detailed evaluation

Werneburg, Christian

Club: Erfurt
Number: 123

Course: 8.00 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:10:01

Speed: 6.86 km/h
Running performance: 8:45 min/km

Rank in course/Total: 222 (of 292)

Rank in course/Men: 163 (of 192)

Best time in course: 38:15

Rank in category: 33(of 40)

Best time in the category: 38:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:11	-	27	2:49	131	2:49	-	4:11	-	27	2:49	131	2:49
Himmelsleiter +	-	5:59	-	35	3:09	176	3:09	-	10:10	-	28	5:58	139	5:58
Nordwand + Dov	-	7:23	-	29	2:56	143	2:58	-	17:33	-	29	8:54	144	8:54
Nordwand + Dov	-	2:35	-	28	1:03	138	1:07	-	20:08	-	28	9:57	143	9:57
Duckmäuser Eins	-	22:25	-	22	7:59	114	10:04	-	42:33	-	22	15:18	107	19:47
Duckmäuser Aus	-	0:32	-	22	0:16	105	0:16	-	43:05	-	22	15:30	107	20:01
Pneumant Einstie	-	1:13	-	24	0:52	117	0:52	-	44:18	-	22	16:14	102	20:50
Pneumant Aussti	-	0:16	-	36	0:13	172	0:13	-	44:34	-	22	16:27	102	21:00
Heuschnupfen Ei	-	15:01	-	35	6:06	156	6:17	-	59:35	-	22	21:16	99	27:17
Heuschnupfen Ai	-	0:08	-	35	0:04	156	0:04	-	59:43	-	22	21:20	97	27:21
Schlammbowle E	-	3:27	-	35	1:32	164	1:32	-	1:03:10	-	22	22:39	97	28:52
Schlammbowle A	-	2:10	-	39	1:30	183	1:36	-	1:05:20	-	22	24:05	99	30:28
Sportplatz Mühlb	8.00	4:41	-	38	1:16	169	1:18	8.00	1:10:01	8:45	33	31:22	163	31:46