



Helbing King of Cross

Mühlberg / 01.11.2015

Detailed evaluation

Füllgraf, Stefan

Club: Team Helbing
Number: 523

Course: 16.00 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:46:04

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 105 (of 304)

Rank in course/Men: 100 (of 252)

Best time in course: 1:05:10

Rank in category: 16(of 35)

Best time in the category: 1:17:46

| Intermediate times | | | | | | | | Stage score | | | | Total ranking | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|-------------|------------|--------------|----------|---------------|---------|------------|--|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Himmelsleiter + | - | 3:09 | - | 21 | 1:44 | 144 | 2:07 | - | 3:09 | - | 21 | 1:44 | 144 | 2:07 | |
| Himmelsleiter + | - | 4:40 | - | 12 | 1:39 | 111 | 2:08 | - | 7:49 | - | 18 | 3:22 | 132 | 4:15 | |
| Nordwand + Dov | - | 5:42 | - | 15 | 1:23 | 91 | 1:59 | - | 13:31 | - | 14 | 4:45 | 122 | 6:14 | |
| Nordwand + Dov | - | 1:58 | - | 14 | 0:37 | 92 | 0:49 | - | 15:29 | - | 14 | 5:22 | 119 | 7:01 | |
| Duckmäuser Eins | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - | |
| Duckmäuser Aus | - | 17:20 | - | 24 | 17:00 | 182 | 17:07 | - | 32:49 | - | 31 | 9:41 | 214 | 13:19 | |
| Pneumant Einstie | - | 0:41 | - | 10 | 0:17 | 54 | 0:27 | - | 33:30 | - | 31 | 9:56 | 230 | 13:38 | |
| Pneumant Aussti | - | 0:05 | - | 3 | 0:03 | 22 | 0:04 | - | 33:35 | - | 35 | 9:56 | 247 | 13:37 | |
| Heuschnupfen Ei | - | 12:03 | - | 16 | 3:10 | 111 | 4:44 | - | 45:38 | - | 33 | 13:06 | 242 | 18:21 | |
| Heuschnupfen Ai | - | 0:06 | - | 6 | 0:01 | 50 | 0:02 | - | 45:44 | - | 33 | 13:06 | 242 | 18:23 | |
| Schlammbowle E | - | 2:43 | - | 18 | 0:39 | 111 | 1:00 | - | 48:27 | - | 33 | 13:45 | 241 | 19:22 | |
| Schlammbowle A | - | 0:59 | - | 11 | 0:13 | 85 | 0:25 | - | 49:26 | - | 34 | 13:58 | 248 | 19:46 | |
| Himmelsleiter + | - | 4:43 | - | 18 | 1:19 | 110 | 2:00 | - | 54:09 | - | 34 | 15:17 | 244 | 21:39 | |
| Himmelsleiter + | - | 4:27 | - | 10 | 1:02 | 75 | 1:40 | - | 58:36 | - | 34 | 16:19 | 244 | 23:13 | |
| Nordwand + Dov | - | 6:04 | - | 11 | 1:21 | 70 | 2:06 | - | 1:04:40 | - | 34 | 17:40 | 244 | 25:16 | |
| Nordwand + Dov | - | 2:02 | - | 19 | 0:37 | 123 | 0:58 | - | 1:06:42 | - | 34 | 18:17 | 244 | 26:07 | |
| Duckmäuser Eins | - | 18:00 | - | 14 | 17:43 | 83 | 17:43 | - | 1:24:42 | - | 26 | 23:08 | 191 | 33:18 | |
| Duckmäuser Aus | - | 0:21 | - | 3 | 0:09 | 35 | 0:10 | - | 1:25:03 | - | 32 | 23:07 | 223 | 33:26 | |
| Pneumant Einstie | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - | |
| Pneumant Aussti | - | 0:40 | - | 26 | 0:37 | 196 | 0:38 | - | 1:25:43 | - | 36 | 23:18 | 43 | 33:44 | |
| Heuschnupfen Ei | - | 12:15 | - | 20 | 3:19 | 112 | 4:54 | - | 1:37:58 | - | 36 | 26:37 | 245 | 38:38 | |
| Heuschnupfen Ai | - | 0:07 | - | 19 | 0:02 | 132 | 0:03 | - | 1:38:05 | - | 36 | 26:39 | 243 | 38:41 | |
| Schlammbowle E | - | 2:41 | - | 18 | 0:37 | 96 | 1:00 | - | 1:40:46 | - | 34 | 27:16 | 241 | 39:40 | |
| Schlammbowle A | - | 1:13 | - | 19 | 0:29 | 134 | 0:39 | - | 1:41:59 | - | 36 | 27:42 | 247 | 40:17 | |
| Sportplatz Mühlb | 8.00 | 4:05 | - | 23 | 0:36 | 171 | 0:54 | 16.00 | 1:46:04 | 6:37 | 16 | 28:18 | 100 | 40:54 | |