



Detailed evaluation

Gießmann, Andrea

Club: LTV Erfurt
Number: 653

Course: 16.00 km
Expert

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:30:41

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 32 (of 304)

Rank in course/Women: 2 (of 52)

Best time in course: 1:26:55

Rank in category: 1(of 9)

Best time in the category: 1:30:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	2:01	-	1	-	1	-	-	2:01	-	1	-	1	-
Himmelsleiter +	-	3:31	-	1	-	1	-	-	5:32	-	1	-	1	-
Nordwand + Dov	-	5:11	-	1	-	3	0:11	-	10:43	-	1	-	2	0:01
Nordwand + Dov	-	1:39	-	1	-	2	0:03	-	12:22	-	1	-	2	0:01
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	14:48	-	7	14:24	34	14:29	-	27:10	-	10	-	48	0:27
Pneumant Einstie	-	0:18	-	1	-	1	-	-	27:28	-	10	-	49	0:14
Pneumant Aussti	-	0:07	-	1	-	5	0:03	-	27:35	-	10	-	53	0:14
Heuschupfen Ei	-	9:58	-	1	-	2	0:07	-	37:33	-	10	-	52	0:21
Heuschupfen Ai	-	0:05	-	1	-	1	-	-	37:38	-	10	-	52	0:20
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Schlammbowle A	-	3:14	-	8	2:21	48	2:21	-	40:52	-	10	-	51	0:22
Himmelsleiter +	-	4:17	-	2	0:07	6	0:39	-	45:09	-	10	-	51	1:01
Himmelsleiter +	-	4:06	-	1	-	3	0:12	-	49:15	-	10	-	51	1:13
Nordwand + Dov	-	5:40	-	2	0:05	3	0:30	-	54:55	-	10	-	51	1:43
Nordwand + Dov	-	1:39	-	1	-	3	0:04	-	56:34	-	10	-	51	1:47
Duckmäuser Eins	-	15:32	-	1	-	2	0:48	-	1:12:06	-	10	-	42	2:35
Duckmäuser Aus	-	0:23	-	4	0:06	10	0:06	-	1:12:29	-	10	-	50	2:37
Pneumant Einstie	-	0:25	-	1	-	1	-	-	1:12:54	-	10	-	47	2:28
Pneumant Aussti	-	0:08	-	2	0:02	8	0:02	-	1:13:02	-	10	-	51	2:30
Heuschupfen Ei	-	10:35	-	1	-	2	0:55	-	1:23:37	-	10	-	50	3:25
Heuschupfen Ai	-	0:06	-	1	-	5	0:01	-	1:23:43	-	10	-	51	3:25
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Schlammbowle A	-	3:14	-	9	2:05	47	2:20	-	1:26:57	-	10	-	51	3:37
Sportplatz Mühlb	8.00	3:44	-	1	-	3	0:09	16.00	1:30:41	5:40	1	-	2	3:46