



# Helbing King of Cross

Mühlberg / 01.11.2015

## Detailed evaluation

**John, Peter**

Club: Bauer sucht Schlamm  
Number: 484

Course: 16.00 km  
Expert

Category:  
Senioren M40 (40-44 Jahre)

**Total time: 1:42:51**

Speed: 9.33 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 81 (of 304)

Rank in course/Men: 76 (of 252)

Best time in course: 1:05:10

Rank in category: 13(of 31)

Best time in the category: 1:09:36

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:07	-	5	0:55	39	1:05	-	2:07	-	5	0:55	39	1:05	
Himmelsleiter +	-	3:42	-	6	0:57	40	1:10	-	5:49	-	5	1:52	40	2:15	
Nordwand + Dov	-	5:36	-	12	1:41	76	1:53	-	11:25	-	7	3:33	44	4:08	
Nordwand + Dov	-	1:44	-	9	0:19	40	0:35	-	13:09	-	8	3:52	41	4:41	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	17:12	-	30	17:08	245	17:11	-	30:21	-	31	8:58	247	10:23	
Heuschnupfen Ei	-	11:15	-	10	3:22	60	3:56	-	41:36	-	32	12:20	242	14:19	
Heuschnupfen Ai	-	0:06	-	5	0:01	50	0:02	-	41:42	-	31	12:19	242	14:21	
Schlammbowle E	-	2:32	-	11	0:48	61	0:49	-	44:14	-	32	13:07	29	15:09	
Schlammbowle A	-	0:49	-	6	0:12	29	0:15	-	45:03	-	32	13:19	248	15:23	
Himmelsleiter +	-	4:29	-	12	1:29	77	1:46	-	49:32	-	31	14:48	244	17:02	
Himmelsleiter +	-	4:36	-	16	1:33	103	1:49	-	54:08	-	31	16:21	244	18:45	
Nordwand + Dov	-	6:18	-	12	2:08	95	2:20	-	1:00:26	-	31	18:29	244	21:02	
Nordwand + Dov	-	1:57	-	11	0:33	84	0:53	-	1:02:23	-	31	19:02	244	21:48	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	19:29	-	30	19:27	239	19:27	-	1:21:52	-	31	25:55	245	29:53	
Heuschnupfen Ei	-	12:39	-	18	4:45	127	5:18	-	1:34:31	-	31	30:40	245	35:11	
Heuschnupfen Ai	-	0:08	-	27	0:03	189	0:04	-	1:34:39	-	31	30:42	243	35:15	
Schlammbowle E	-	2:52	-	19	1:09	140	1:11	-	1:37:31	-	29	31:51	241	36:25	
Schlammbowle A	-	1:16	-	22	0:38	148	0:42	-	1:38:47	-	31	32:29	247	37:05	
Sportplatz Mühlb	8.00	4:04	-	25	0:46	166	0:53	16.00	1:42:51	6:25	13	33:15	76	37:41	