



Detailed evaluation

Niendorf, Martin

Club: Dresden

Number: 651

Course: 16.00 km

Expert

Category:

Männer (20-29 Jahre)

Total time: 1:51:53

Speed: 8.58 km/h

Running performance: 6:59 min/km

Rank in course/Total: 136 (of 304)

Rank in course/Men: 129 (of 252)

Best time in course: 1:05:10

Rank in category: 38(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:40	-	35	1:38	95	1:38	-	2:40	-	35	1:38	95	1:38	
Himmelsleiter +	-	4:40	-	40	2:01	111	2:08	-	7:20	-	38	3:39	104	3:46	
Nordwand + Dov	-	5:49	-	31	2:03	115	2:06	-	13:09	-	32	5:42	99	5:52	
Nordwand + Dov	-	2:01	-	30	0:52	101	0:52	-	15:10	-	31	6:34	97	6:42	
Duckmäuser Eins	-	17:39	-	27	6:59	82	6:59	-	32:49	-	23	13:33	69	13:33	
Duckmäuser Aus	-	0:23	-	21	0:10	48	0:10	-	33:12	-	23	13:42	69	13:42	
Pneumant Einstieg	-	0:43	-	17	0:22	65	0:29	-	33:55	-	18	14:03	61	14:03	
Pneumant Ausstieg	-	0:10	-	48	0:07	164	0:09	-	34:05	-	18	14:07	60	14:07	
Heuschnupfen Eins	-	12:10	-	38	4:51	117	4:51	-	46:15	-	19	18:58	58	18:58	
Heuschnupfen Aus	-	0:09	-	60	0:05	210	0:05	-	46:24	-	19	19:03	58	19:03	
Schlammbowle Eins	-	2:45	-	37	1:01	124	1:02	-	49:09	-	19	20:04	57	20:04	
Schlammbowle Aus	-	1:14	-	46	0:40	154	0:40	-	50:23	-	20	20:43	59	20:43	
Himmelsleiter +	-	4:55	-	40	2:05	135	2:12	-	55:18	-	20	22:48	59	22:48	
Himmelsleiter +	-	5:01	-	49	2:08	162	2:14	-	1:00:19	-	19	24:56	58	24:56	
Nordwand + Dov	-	6:55	-	47	2:54	146	2:57	-	1:07:14	-	21	27:50	60	27:50	
Nordwand + Dov	-	2:06	-	45	0:55	139	1:02	-	1:09:20	-	21	28:45	60	28:45	
Duckmäuser Eins	-	19:32	-	34	8:43	111	19:15	-	1:28:52	-	18	37:28	61	37:28	
Duckmäuser Aus	-	0:26	-	29	0:15	102	0:15	-	1:29:18	-	18	37:41	61	37:41	
Pneumant Einstieg	-	0:52	-	18	0:32	63	0:32	-	1:30:10	-	14	38:13	52	38:13	
Pneumant Ausstieg	-	0:06	-	17	0:04	52	0:04	-	1:30:16	-	14	38:17	52	38:17	
Heuschnupfen Eins	-	13:10	-	45	5:49	154	5:49	-	1:43:26	-	14	44:06	53	44:06	
Heuschnupfen Aus	-	0:09	-	61	0:05	212	0:05	-	1:43:35	-	15	44:11	54	44:11	
Schlammbowle Eins	-	2:49	-	40	1:07	130	1:08	-	1:46:24	-	14	45:18	51	45:18	
Schlammbowle Aus	-	1:14	-	43	0:39	138	0:40	-	1:47:38	-	15	45:56	52	45:56	
Sportplatz Mühlb	8.00	4:15	-	61	0:56	207	1:04	16.00	1:51:53	6:59	38	46:43	129	46:43	