



## Detailed evaluation

Sippel, Alexander

Club: 4. Aufklärungsbataillon 13  
Number: 619

Course: 16.00 km  
Expert

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:54:13

Speed: 8.41 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 159 (of 304)

Rank in course/Men: 148 (of 252)

Best time in course: 1:05:10

Rank in category: 29(of 42)

Best time in the category: 1:05:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	4:40	-	40	3:38	229	3:38	-	4:40	-	40	3:38	229	3:38
Himmelsleiter +	-	5:20	-	36	2:48	203	2:48	-	10:00	-	39	6:26	224	6:26
Nordwand + Dov	-	5:42	-	20	1:59	91	1:59	-	15:42	-	37	8:25	197	8:25
Nordwand + Dov	-	2:14	-	30	1:03	164	1:05	-	17:56	-	36	9:28	193	9:28
Duckmäuser Eins	-	17:12	-	11	4:30	71	6:32	-	35:08	-	14	11:53	101	15:52
Duckmäuser Aus	-	0:25	-	11	0:10	70	0:12	-	35:33	-	13	11:54	99	16:03
Pneumant Einstie	-	1:35	-	30	1:21	175	1:21	-	37:08	-	13	13:05	95	17:16
Pneumant Aussti	-	0:10	-	32	0:09	164	0:09	-	37:18	-	13	13:10	94	17:20
Heuschupfen Ei	-	12:10	-	23	4:40	117	4:51	-	49:28	-	12	16:24	88	22:11
Heuschupfen Ai	-	0:08	-	31	0:04	194	0:04	-	49:36	-	12	16:26	85	22:15
Schlammbowle E	-	2:40	-	19	0:57	91	0:57	-	52:16	-	12	16:57	82	23:11
Schlammbowle A	-	0:58	-	18	0:24	77	0:24	-	53:14	-	12	17:18	81	23:34
Himmelsleiter +	-	4:58	-	31	2:15	147	2:15	-	58:12	-	12	18:55	80	25:42
Himmelsleiter +	-	5:10	-	33	2:23	183	2:23	-	1:03:22	-	12	20:35	80	27:59
Nordwand + Dov	-	6:49	-	25	2:51	138	2:51	-	1:10:11	-	12	22:34	80	30:47
Nordwand + Dov	-	2:13	-	34	1:09	173	1:09	-	1:12:24	-	12	23:17	80	31:49
Duckmäuser Eins	-	19:20	-	20	8:29	108	19:03	-	1:31:44	-	12	29:29	70	40:20
Duckmäuser Aus	-	0:25	-	18	0:09	88	0:14	-	1:32:09	-	12	29:34	70	40:32
Pneumant Einstie	-	1:29	-	23	1:07	146	1:09	-	1:33:38	-	10	30:39	62	41:41
Pneumant Aussti	-	0:11	-	29	0:09	174	0:09	-	1:33:49	-	10	30:46	62	41:50
Heuschupfen Ei	-	12:29	-	25	5:02	121	5:08	-	1:46:18	-	10	34:22	62	46:58
Heuschupfen Ai	-	0:07	-	20	0:03	132	0:03	-	1:46:25	-	10	34:24	62	47:01
Schlammbowle E	-	2:41	-	15	0:58	96	1:00	-	1:49:06	-	10	35:04	58	48:00
Schlammbowle A	-	1:04	-	18	0:30	86	0:30	-	1:50:10	-	10	35:25	59	48:28
Sportplatz Mühlb	8.00	4:03	-	29	0:45	159	0:52	16.00	1:54:13	7:08	29	48:52	148	49:03