



## Detailed evaluation

**Baron, Anja**

Club: AC Apolda  
Number: 368

Course: 16.00 km  
Expert

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:46:38

Speed: 9.00 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 109 (of 304)

Rank in course/Women: 6 (of 52)

Best time in course: 1:26:55

Rank in category: 1(of 4)

Best time in the category: 1:46:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	2:59	-	1	-	11	0:58	-	2:59	-	1	-	11	0:58
Himmelsleiter +	-	4:55	-	1	-	9	1:24	-	7:54	-	1	-	10	2:22
Nordwand + Dov	-	5:51	-	1	-	8	0:51	-	13:45	-	1	-	8	3:03
Nordwand + Dov	-	2:08	-	1	-	9	0:32	-	15:53	-	1	-	8	3:32
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	17:09	-	3	16:40	35	16:50	-	33:02	-	5	-	48	6:19
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Pneumant Aussti	-	0:42	-	4	0:32	50	0:38	-	33:44	-	5	-	53	6:23
Heuschnupfen Ei	-	11:52	-	1	-	6	2:01	-	45:36	-	5	-	52	8:24
Heuschnupfen Ai	-	0:07	-	1	-	18	0:02	-	45:43	-	5	-	52	8:25
Schlammbowle E	-	2:40	-	1	-	5	0:25	-	48:23	-	5	-	49	8:50
Schlammbowle A	-	1:21	-	1	-	14	0:28	-	49:44	-	5	-	51	9:14
Himmelsleiter +	-	4:20	-	1	-	7	0:42	-	54:04	-	5	-	51	9:56
Himmelsleiter +	-	4:39	-	1	-	8	0:45	-	58:43	-	5	-	51	10:41
Nordwand + Dov	-	6:22	-	1	-	6	1:12	-	1:05:05	-	5	-	51	11:53
Nordwand + Dov	-	2:13	-	1	-	11	0:38	-	1:07:18	-	5	-	51	12:31
Duckmäuser Eins	-	17:50	-	1	-	7	3:06	-	1:25:08	-	5	-	42	15:37
Duckmäuser Aus	-	0:26	-	1	-	13	0:09	-	1:25:34	-	5	-	50	15:42
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Pneumant Aussti	-	0:53	-	3	0:26	48	0:47	-	1:26:27	-	5	-	51	15:55
Heuschnupfen Ei	-	12:17	-	1	-	9	2:37	-	1:38:44	-	5	-	50	18:32
Heuschnupfen Ai	-	0:07	-	1	-	14	0:02	-	1:38:51	-	5	-	51	18:33
Schlammbowle E	-	2:40	-	1	-	7	0:32	-	1:41:31	-	5	-	47	19:05
Schlammbowle A	-	1:15	-	1	-	8	0:21	-	1:42:46	-	5	-	51	19:26
Sportplatz Mühlb	8.00	3:52	-	1	-	9	0:17	16.00	1:46:38	6:39	1	-	6	19:43