



Detailed evaluation

Goppert, Nicole

Club: Coburg Locals / RunningBros
Number: 222

Course: 8.00 km
Sprint

Category:
Frauen (20-29 Jahre)

Total time: 1:13:00

Speed: 6.58 km/h
Running performance: 9:07 min/km

Rank in course/Total: 245 (of 292)

Rank in course/Women: 72 (of 100)

Best time in course: 46:25

Rank in category: 22(of 26)

Best time in the category: 54:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	5:25	-	21	2:35	76	3:15	-	5:25	-	21	2:35	76	3:15
Himmelsleiter +	-	6:11	-	26	1:44	82	2:29	-	11:36	-	23	4:19	77	5:44
Nordwand + Dov	-	7:56	-	22	1:56	70	2:31	-	19:32	-	23	5:46	74	8:09
Nordwand + Dov	-	2:57	-	18	0:46	70	1:26	-	22:29	-	22	6:32	74	9:35
Duckmäuser Eins	-	22:57	-	15	5:33	53	7:47	-	45:26	-	16	12:05	55	17:22
Duckmäuser Aus	-	0:33	-	15	0:09	55	0:15	-	45:59	-	15	12:11	54	17:37
Pneumant Einstie	-	2:23	-	25	1:51	81	2:00	-	48:22	-	15	13:42	52	19:34
Pneumant Aussti	-	0:05	-	1	-	1	-	-	48:27	-	15	13:37	50	19:33
Heuschnupfen Ei	-	15:11	-	17	3:14	65	4:37	-	1:03:38	-	15	16:41	52	24:10
Heuschnupfen Ai	-	0:07	-	10	0:02	22	0:02	-	1:03:45	-	15	16:43	50	24:12
Schlammbowle E	-	3:27	-	23	0:52	70	1:00	-	1:07:12	-	15	17:32	48	25:12
Schlammbowle A	-	1:36	-	15	0:35	58	0:53	-	1:08:48	-	15	18:00	48	26:05
Sportplatz Mühlb	8.00	4:12	-	10	0:19	34	0:34	8.00	1:13:00	9:07	22	18:19	72	26:35