



Detailed evaluation

Anschütz, Saskia

Club: Grüne Schlammteufel
Number: 531

Course: 16.00 km
Expert

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:04:13

Speed: 7.73 km/h
Running performance: 7:46 min/km

Rank in course/Total: 216 (of 304)

Rank in course/Women: 21 (of 52)

Best time in course: 1:26:55

Rank in category: 4(of 7)

Best time in the category: 1:48:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	4:28	-	4	2:13	27	2:27	-	4:28	-	4	2:13	27	2:27
Himmelsleiter +	-	5:22	-	4	1:43	20	1:51	-	9:50	-	4	3:56	27	4:18
Nordwand + Dov	-	6:32	-	5	1:02	19	1:32	-	16:22	-	5	4:58	24	5:40
Nordwand + Dov	-	2:29	-	5	0:50	26	0:53	-	18:51	-	6	5:48	25	6:30
Duckmäuser Eins	-	19:38	-	3	2:31	10	5:37	-	38:29	-	4	4:54	14	12:07
Duckmäuser Aus	-	0:25	-	2	0:06	6	0:06	-	38:54	-	4	4:28	14	12:11
Pneumant Einstie	-	1:26	-	4	0:53	29	1:08	-	40:20	-	4	5:21	14	13:06
Pneumant Aussti	-	0:14	-	5	0:07	30	0:10	-	40:34	-	4	5:26	14	13:13
Heuschnupfen Ei	-	13:39	-	4	1:31	22	3:48	-	54:13	-	4	6:57	14	17:01
Heuschnupfen Ai	-	0:08	-	3	0:02	24	0:03	-	54:21	-	4	6:51	14	17:03
Schlammbowle E	-	3:04	-	4	0:24	20	0:49	-	57:25	-	4	7:15	13	17:52
Schlammbowle A	-	1:37	-	4	0:33	27	0:44	-	59:02	-	4	7:31	13	18:32
Himmelsleiter +	-	5:25	-	3	1:09	24	1:47	-	1:04:27	-	4	8:40	13	20:19
Himmelsleiter +	-	5:27	-	5	1:00	25	1:33	-	1:09:54	-	4	9:40	13	21:52
Nordwand + Dov	-	7:09	-	4	0:54	17	1:59	-	1:17:03	-	4	10:26	13	23:51
Nordwand + Dov	-	2:19	-	3	0:23	17	0:44	-	1:19:22	-	4	10:25	13	24:35
Duckmäuser Eins	-	21:07	-	3	3:21	18	6:23	-	1:40:29	-	3	13:46	11	30:58
Duckmäuser Aus	-	0:29	-	2	0:10	20	0:12	-	1:40:58	-	3	13:41	11	31:06
Pneumant Einstie	-	1:51	-	5	1:18	32	1:26	-	1:42:49	-	3	14:59	11	32:23
Pneumant Aussti	-	0:11	-	3	0:03	20	0:05	-	1:43:00	-	3	15:02	11	32:28
Heuschnupfen Ei	-	12:52	-	3	0:43	12	3:12	-	1:55:52	-	3	15:40	10	35:40
Heuschnupfen Ai	-	0:07	-	2	0:02	14	0:02	-	1:55:59	-	3	15:37	10	35:41
Schlammbowle E	-	2:50	-	3	0:16	11	0:42	-	1:58:49	-	3	15:42	9	36:23
Schlammbowle A	-	1:23	-	4	0:07	20	0:29	-	2:00:12	-	3	15:43	9	36:52
Sportplatz Mühlb	8.00	4:01	-	3	0:09	15	0:26	16.00	2:04:13	7:45	4	15:51	21	37:18