



## Detailed evaluation

Rademacher, Martin

Club: runtoughtic  
Number: 536

Course: 16.00 km  
Expert

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:41:24

Speed: 9.47 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 74 (of 304)

Rank in course/Men: 68 (of 252)

Best time in course: 1:05:10

Rank in category: 9(of 53)

Best time in the category: 1:09:26

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:26	-	10	1:19	68	1:24	-	2:26	-	10	1:19	68	1:24	
Himmelsleiter +	-	3:45	-	9	0:56	47	1:13	-	6:11	-	9	2:15	50	2:37	
Nordwand + Dov	-	5:29	-	11	1:34	58	1:46	-	11:40	-	9	3:49	52	4:23	
Nordwand + Dov	-	1:48	-	7	0:32	51	0:39	-	13:28	-	9	4:11	53	5:00	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	16:28	-	35	16:11	171	16:15	-	29:56	-	45	9:00	214	10:26	
Pneumant Einstie	-	0:40	-	9	0:20	49	0:26	-	30:36	-	50	9:20	29	10:44	
Pneumant Aussti	-	0:07	-	13	0:05	72	0:06	-	30:43	-	52	9:23	247	10:45	
Heuschupfen Ei	-	11:22	-	12	3:27	71	4:03	-	42:05	-	52	12:50	242	14:48	
Heuschupfen Ai	-	0:05	-	2	0:01	8	0:01	-	42:10	-	52	12:50	242	14:49	
Schlammbowle E	-	2:41	-	16	0:55	98	0:58	-	44:51	-	51	13:45	241	15:46	
Schlammbowle A	-	0:54	-	8	0:18	54	0:20	-	45:45	-	52	14:03	248	16:05	
Himmelsleiter +	-	4:30	-	16	1:29	81	1:47	-	50:15	-	51	15:32	244	17:45	
Himmelsleiter +	-	4:26	-	12	1:23	73	1:39	-	54:41	-	51	16:55	244	19:18	
Nordwand + Dov	-	6:06	-	12	1:56	72	2:08	-	1:00:47	-	51	18:51	244	21:23	
Nordwand + Dov	-	2:02	-	23	0:39	123	0:58	-	1:02:49	-	51	19:29	244	22:14	
Duckmäuser Eins	-	17:54	-	17	6:03	80	17:37	-	1:20:43	-	41	25:32	191	29:19	
Duckmäuser Aus	-	0:29	-	28	0:14	125	0:18	-	1:21:12	-	48	25:44	223	29:35	
Pneumant Einstie	-	0:49	-	12	0:28	52	0:29	-	1:22:01	-	46	26:12	196	30:04	
Pneumant Aussti	-	0:03	-	2	0:01	8	0:01	-	1:22:04	-	51	26:11	245	30:05	
Heuschupfen Ei	-	11:45	-	14	3:47	88	4:24	-	1:33:49	-	51	29:58	245	34:29	
Heuschupfen Ai	-	0:05	-	3	0:01	9	0:01	-	1:33:54	-	51	29:59	243	34:30	
Schlammbowle E	-	2:42	-	18	1:01	101	1:01	-	1:36:36	-	52	31:00	241	35:30	
Schlammbowle A	-	1:05	-	16	0:26	90	0:31	-	1:37:41	-	52	31:26	247	35:59	
Sportplatz Mühlb	8.00	3:43	-	8	0:32	47	0:32	16.00	1:41:24	6:20	9	31:58	68	36:14	