



Detailed evaluation

Zugwurst, Thomas

Club: Vippacher Sport Orden
Number: 382

Course: 16.00 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:16:54

Speed: 7.01 km/h
Running performance: 8:34 min/km

Rank in course/Total: 269 (of 304)

Rank in course/Men: 235 (of 252)

Best time in course: 1:05:10

Rank in category: 41(of 42)

Best time in the category: 1:05:21

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	4:26	-	38	3:24	215	3:24	-	4:26	-	38	3:24	215	3:24	
Himmelsleiter +	-	5:36	-	41	3:04	239	3:04	-	10:02	-	40	6:28	225	6:28	
Nordwand + Dov	-	6:47	-	40	3:04	212	3:04	-	16:49	-	40	9:32	226	9:32	
Nordwand + Dov	-	2:31	-	39	1:20	216	1:22	-	19:20	-	40	10:52	226	10:52	
Duckmäuser Eins	-	20:33	-	19	7:51	139	9:53	-	39:53	-	19	16:38	139	20:37	
Duckmäuser Aus	-	0:33	-	17	0:18	138	0:20	-	40:26	-	18	16:47	136	20:56	
Pneumant Einstie	-	1:54	-	31	1:40	184	1:40	-	42:20	-	18	18:17	128	22:28	
Pneumant Aussti	-	0:14	-	41	0:13	214	0:13	-	42:34	-	18	18:26	127	22:36	
Heuschnupfen Ei	-	14:01	-	38	6:31	219	6:42	-	56:35	-	17	23:31	124	29:18	
Heuschnupfen Ai	-	0:07	-	20	0:03	139	0:03	-	56:42	-	17	23:32	120	29:21	
Schlammbowle E	-	3:11	-	41	1:28	219	1:28	-	59:53	-	17	24:34	119	30:48	
Schlammbowle A	-	1:34	-	40	1:00	221	1:00	-	1:01:27	-	17	25:31	117	31:47	
Himmelsleiter +	-	6:13	-	41	3:30	229	3:30	-	1:07:40	-	16	28:23	117	35:10	
Himmelsleiter +	-	5:46	-	42	2:59	232	2:59	-	1:13:26	-	16	30:39	117	38:03	
Nordwand + Dov	-	8:11	-	41	4:13	230	4:13	-	1:21:37	-	17	34:00	119	42:13	
Nordwand + Dov	-	2:30	-	39	1:26	221	1:26	-	1:24:07	-	16	35:00	117	43:32	
Duckmäuser Eins	-	23:47	-	29	12:56	181	23:30	-	1:47:54	-	17	45:39	109	56:30	
Duckmäuser Aus	-	0:45	-	29	0:29	180	0:34	-	1:48:39	-	17	46:04	108	57:02	
Pneumant Einstie	-	2:02	-	28	1:40	174	1:42	-	1:50:41	-	14	47:42	96	58:44	
Pneumant Aussti	-	0:10	-	26	0:08	153	0:08	-	1:50:51	-	14	47:48	96	58:52	
Heuschnupfen Ei	-	16:03	-	41	8:36	234	8:42	-	2:06:54	-	14	54:58	96	1:07:34	
Heuschnupfen Ai	-	0:09	-	35	0:05	212	0:05	-	2:07:03	-	14	55:02	96	1:07:39	
Schlammbowle E	-	3:17	-	37	1:34	210	1:36	-	2:10:20	-	14	56:18	93	1:09:14	
Schlammbowle A	-	1:43	-	38	1:09	224	1:09	-	2:12:03	-	14	57:18	93	1:10:21	
Sportplatz Mühlb	8.00	4:51	-	41	1:33	237	1:40	16.00	2:16:54	8:33	41	1:11:33	235	1:11:44	