



Helbing King of Cross  
Mühlberg / 01.11.2015

Detailed evaluation

Meyer, Olaf

Club: Grüne Schlammteufel  
Number: 533

Course: 16.00 km  
Expert

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:44:33

Speed: 9.18 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 92 (of 304)

Rank in course/Men: 87 (of 252)

Best time in course: 1:05:10

Rank in category: 14(of 35)

Best time in the category: 1:17:46

| Intermediate times |          |            |              |          |             |         |            | Stage score |            |              |          | Total ranking |         |            |  |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|-------------|------------|--------------|----------|---------------|---------|------------|--|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km    | Total Time | Total min/km | Pos Cat. | Behind Cat.   | Pos Men | Behind Men |  |
| Himmelsleiter +    | -        | 4:30       | -            | 29       | 3:05        | 218     | 3:28       | -           | 4:30       | -            | 29       | 3:05          | 218     | 3:28       |  |
| Himmelsleiter +    | -        | 4:53       | -            | 17       | 1:52        | 134     | 2:21       | -           | 9:23       | -            | 28       | 4:56          | 199     | 5:49       |  |
| Nordwand + Dov     | -        | 5:31       | -            | 10       | 1:12        | 65      | 1:48       | -           | 14:54      | -            | 25       | 6:08          | 166     | 7:37       |  |
| Nordwand + Dov     | -        | 2:07       | -            | 20       | 0:46        | 135     | 0:58       | -           | 17:01      | -            | 25       | 6:54          | 166     | 8:33       |  |
| Duckmäuser Eins    | -        | 16:23      | -            | 8        | 3:42        | 53      | 5:43       | -           | 33:24      | -            | 13       | 10:36         | 79      | 14:08      |  |
| Duckmäuser Aus     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Pneumant Einstie   | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Pneumant Aussti    | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Heuschupfen Ei     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Heuschupfen Ai     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Schlammbowle E     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Schlammbowle A     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Himmelsleiter +    | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Himmelsleiter +    | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Nordwand + Dov     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Nordwand + Dov     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Duckmäuser Eins    | -        | 0:17       | -            | 1        | -           | 1       | -          | -           | 33:41      | -            | 26       | -             | 191     | -          |  |
| Duckmäuser Aus     | -        | 0:22       | -            | 5        | 0:10        | 47      | 0:11       | -           | 34:03      | -            | 32       | -             | 223     | -          |  |
| Pneumant Einstie   | -        | 0:44       | -            | 9        | 0:24        | 44      | 0:24       | -           | 34:47      | -            | 26       | -             | 196     | -          |  |
| Pneumant Aussti    | -        | 0:05       | -            | 4        | 0:02        | 34      | 0:03       | -           | 34:52      | -            | 36       | -             | 245     | -          |  |
| Heuschupfen Ei     | -        | 11:21      | -            | 10       | 2:25        | 68      | 4:00       | -           | 46:13      | -            | 36       | -             | 245     | -          |  |
| Heuschupfen Ai     | -        | 0:07       | -            | 19       | 0:02        | 132     | 0:03       | -           | 46:20      | -            | 36       | -             | 243     | -          |  |
| Schlammbowle E     | -        | 2:36       | -            | 12       | 0:32        | 73      | 0:55       | -           | 48:56      | -            | 34       | -             | 241     | -          |  |
| Schlammbowle A     | -        | 0:58       | -            | 8        | 0:14        | 53      | 0:24       | -           | 49:54      | -            | 36       | -             | 247     | -          |  |
| Sportplatz Mühlb   | 8.00     | 54:39      | -            | 34       | 51:10       | 245     | 51:28      | 16.00       | 1:44:33    | 6:32         | 14       | 26:47         | 87      | 39:23      |  |