



Detailed evaluation

Lask, Annemarie

Club: Dream Team
Number: 46

Course: 8.00 km
Sprint

Category:
Frauen (20-29 Jahre)

Total time: 1:06:24

Speed: 7.23 km/h
Running performance: 8:18 min/km

Rank in course/Total: 184 (of 292)

Rank in course/Women: 43 (of 100)

Best time in course: 46:25

Rank in category: 11(of 26)

Best time in the category: 54:41

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Himmelsleiter +	-	4:37	-	13	1:47	53	2:27	-	4:37	-	13	1:47	53	2:27	
Himmelsleiter +	-	5:35	-	8	1:08	37	1:53	-	10:12	-	13	2:55	48	4:20	
Nordwand + Dov	-	7:32	-	17	1:32	53	2:07	-	17:44	-	13	3:58	47	6:21	
Nordwand + Dov	-	2:26	-	6	0:15	22	0:55	-	20:10	-	11	4:13	44	7:16	
Duckmäuser Eins	-	21:37	-	10	4:13	38	6:27	-	41:47	-	9	8:26	34	13:43	
Duckmäuser Aus	-	0:25	-	4	0:01	18	0:07	-	42:12	-	8	8:24	33	13:50	
Pneumant Einstie	-	0:56	-	11	0:24	29	0:33	-	43:08	-	8	8:28	31	14:20	
Pneumant Aussti	-	0:07	-	2	0:02	5	0:02	-	43:15	-	8	8:25	31	14:21	
Heuschnupfen Ei	-	14:12	-	11	2:15	45	3:38	-	57:27	-	8	10:30	31	17:59	
Heuschnupfen Ai	-	0:06	-	3	0:01	7	0:01	-	57:33	-	8	10:31	30	18:00	
Schlammbowle E	-	3:05	-	13	0:30	44	0:38	-	1:00:38	-	8	10:58	29	18:38	
Schlammbowle A	-	1:26	-	11	0:25	42	0:43	-	1:02:04	-	8	11:16	29	19:21	
Sportplatz Mühlb	8.00	4:20	-	16	0:27	53	0:42	8.00	1:06:24	8:18	11	11:43	43	19:59	