



Detailed evaluation

Schinköthe, Manuela

Club: Erfurt
Number: 148

Course: 8.00 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 59:18

Speed: 8.09 km/h
Running performance: 7:25 min/km

Rank in course/Total: 102 (of 292)

Rank in course/Women: 18 (of 100)

Best time in course: 46:25

Rank in category: 7(of 25)

Best time in the category: 48:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	4:26	-	11	2:07	49	2:16	-	4:26	-	11	2:07	49	2:16
Himmelsleiter +	-	5:18	-	7	1:23	24	1:36	-	9:44	-	9	3:30	39	3:52
Nordwand + Dov	-	6:20	-	4	0:55	11	0:55	-	16:04	-	8	4:25	31	4:41
Nordwand + Dov	-	2:22	-	5	0:26	16	0:51	-	18:26	-	7	4:42	28	5:32
Duckmäuser Eins	-	18:55	-	5	2:54	16	3:45	-	37:21	-	7	7:36	22	9:17
Duckmäuser Aus	-	0:21	-	1	-	3	0:03	-	37:42	-	7	7:33	21	9:20
Pneumant Einstie	-	0:58	-	9	0:34	31	0:35	-	38:40	-	7	8:07	21	9:52
Pneumant Aussti	-	0:12	-	11	0:05	42	0:07	-	38:52	-	7	8:09	22	9:58
Heuschnupfen Ei	-	12:44	-	5	1:54	16	2:10	-	51:36	-	7	10:03	21	12:08
Heuschnupfen Ai	-	0:05	-	1	-	1	-	-	51:41	-	7	10:02	18	12:08
Schlammbowle E	-	2:42	-	4	0:13	12	0:15	-	54:23	-	7	10:15	18	12:23
Schlammbowle A	-	1:01	-	3	0:14	7	0:18	-	55:24	-	7	10:15	16	12:41
Sportplatz Mühlb	8.00	3:54	-	3	0:11	9	0:16	8.00	59:18	7:24	7	10:21	18	12:53