



## Detailed evaluation

**Raabe, Justus**

Club: Bergziegen Thüringen  
Number: 676

Course: 16.00 km  
Expert

Category:  
männliche Jugend U20 (18-19 Jahre)

Total time: 1:33:45

Speed: 10.24 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 37 (of 304)

Rank in course/Men: 34 (of 252)

Best time in course: 1:05:10

Rank in category: 1(of 3)

Best time in the category: 1:33:45

| Intermediate times |          |            |              |          |             |         |            | Stage score |            |              |          | Total ranking |         |            |  |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|-------------|------------|--------------|----------|---------------|---------|------------|--|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km    | Total Time | Total min/km | Pos Cat. | Behind Cat.   | Pos Men | Behind Men |  |
| Himmelsleiter +    | -        | 1:47       | -            | 1        | -           | 26      | 0:45       | -           | 1:47       | -            | 1        | -             | 26      | 0:45       |  |
| Himmelsleiter +    | -        | 3:25       | -            | 1        | -           | 26      | 0:53       | -           | 5:12       | -            | 1        | -             | 25      | 1:38       |  |
| Nordwand + Dov     | -        | 5:08       | -            | 1        | -           | 29      | 1:25       | -           | 10:20      | -            | 1        | -             | 28      | 3:03       |  |
| Nordwand + Dov     | -        | 1:45       | -            | 1        | -           | 42      | 0:36       | -           | 12:05      | -            | 1        | -             | 29      | 3:37       |  |
| Duckmäuser Eins    | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Duckmäuser Aus     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Pneumant Einstie   | -        | 15:50      | -            | 2        | 14:30       | 203     | 15:36      | -           | 27:55      | -            | 3        | -             | 230     | 8:03       |  |
| Pneumant Aussti    | -        | 0:05       | -            | 1        | -           | 22      | 0:04       | -           | 28:00      | -            | 4        | -             | 247     | 8:02       |  |
| Heuschnupfen Ei    | -        | 10:41      | -            | 1        | -           | 37      | 3:22       | -           | 38:41      | -            | 4        | -             | 242     | 11:24      |  |
| Heuschnupfen Ai    | -        | 0:06       | -            | 1        | -           | 50      | 0:02       | -           | 38:47      | -            | 4        | -             | 242     | 11:26      |  |
| Schlammbowle E     | -        | 2:28       | -            | 1        | -           | 46      | 0:45       | -           | 41:15      | -            | 4        | -             | 241     | 12:10      |  |
| Schlammbowle A     | -        | 0:53       | -            | 1        | -           | 49      | 0:19       | -           | 42:08      | -            | 4        | -             | 248     | 12:28      |  |
| Himmelsleiter +    | -        | 3:44       | -            | 1        | -           | 20      | 1:01       | -           | 45:52      | -            | 4        | -             | 244     | 13:22      |  |
| Himmelsleiter +    | -        | 3:49       | -            | 1        | -           | 25      | 1:02       | -           | 49:41      | -            | 4        | -             | 244     | 14:18      |  |
| Nordwand + Dov     | -        | 5:40       | -            | 1        | -           | 38      | 1:42       | -           | 55:21      | -            | 4        | -             | 244     | 15:57      |  |
| Nordwand + Dov     | -        | 1:43       | -            | 1        | -           | 36      | 0:39       | -           | 57:04      | -            | 4        | -             | 244     | 16:29      |  |
| Duckmäuser Eins    | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Duckmäuser Aus     | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Pneumant Einstie   | -        | fehlt!     | -            | -        | -           | -       | -          | -           | -          | -            | -        | -             | -       | -          |  |
| Pneumant Aussti    | -        | 17:02      | -            | 2        | 16:58       | 236     | 17:00      | -           | 1:14:06    | -            | 4        | -             | 245     | 22:07      |  |
| Heuschnupfen Ei    | -        | 11:47      | -            | 1        | -           | 92      | 4:26       | -           | 1:25:53    | -            | 4        | -             | 245     | 26:33      |  |
| Heuschnupfen Ai    | -        | 0:07       | -            | 3        | 0:01        | 132     | 0:03       | -           | 1:26:00    | -            | 4        | -             | 243     | 26:36      |  |
| Schlammbowle E     | -        | 2:52       | -            | 1        | -           | 140     | 1:11       | -           | 1:28:52    | -            | 4        | -             | 241     | 27:46      |  |
| Schlammbowle A     | -        | 1:01       | -            | 1        | -           | 66      | 0:27       | -           | 1:29:53    | -            | 4        | -             | 247     | 28:11      |  |
| Sportplatz Mühlb   | 8.00     | 3:52       | -            | 1        | -           | 93      | 0:41       | 16.00       | 1:33:45    | 5:51         | 1        | -             | 34      | 28:35      |  |