



Detailed evaluation

Rattmann, Ellen

Club: Grüne Schlammteufel
Number: 529

Course: 16.00 km
Expert

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:05:32

Speed: 7.65 km/h
Running performance: 7:51 min/km

Rank in course/Total: 220 (of 304)

Rank in course/Women: 22 (of 52)

Best time in course: 1:26:55

Rank in category: 5(of 7)

Best time in the category: 1:48:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	4:33	-	6	2:18	29	2:32	-	4:33	-	6	2:18	29	2:32
Himmelsleiter +	-	5:22	-	4	1:43	20	1:51	-	9:55	-	6	4:01	29	4:23
Nordwand + Dov	-	6:27	-	4	0:57	17	1:27	-	16:22	-	5	4:58	24	5:40
Nordwand + Dov	-	2:20	-	4	0:41	18	0:44	-	18:42	-	5	5:39	24	6:21
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	20:21	-	7	20:02	41	20:02	-	39:03	-	8	4:37	48	12:20
Pneumant Einstie	-	1:17	-	3	0:44	27	0:59	-	40:20	-	4	5:21	14	13:06
Pneumant Aussti	-	0:11	-	4	0:04	19	0:07	-	40:31	-	8	5:23	53	13:10
Heuschnupfen Ei	-	13:43	-	5	1:35	23	3:52	-	54:14	-	7	6:58	52	17:02
Heuschnupfen Ai	-	0:08	-	3	0:02	24	0:03	-	54:22	-	7	6:52	52	17:04
Schlammbowle E	-	3:03	-	3	0:23	18	0:48	-	57:25	-	4	7:15	13	17:52
Schlammbowle A	-	1:37	-	4	0:33	27	0:44	-	59:02	-	4	7:31	13	18:32
Himmelsleiter +	-	5:26	-	4	1:10	25	1:48	-	1:04:28	-	7	8:41	51	20:20
Himmelsleiter +	-	5:26	-	4	0:59	24	1:32	-	1:09:54	-	4	9:40	13	21:52
Nordwand + Dov	-	7:07	-	3	0:52	16	1:57	-	1:17:01	-	7	10:24	51	23:49
Nordwand + Dov	-	2:21	-	5	0:25	19	0:46	-	1:19:22	-	4	10:25	13	24:35
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	21:55	-	6	21:36	45	21:38	-	1:41:17	-	7	14:00	50	31:25
Pneumant Einstie	-	1:31	-	3	0:58	26	1:06	-	1:42:48	-	7	14:58	47	32:22
Pneumant Aussti	-	0:16	-	6	0:08	38	0:10	-	1:43:04	-	7	15:06	51	32:32
Heuschnupfen Ei	-	13:19	-	4	1:10	15	3:39	-	1:56:23	-	7	16:11	50	36:11
Heuschnupfen Ai	-	0:07	-	2	0:02	14	0:02	-	1:56:30	-	7	16:08	51	36:12
Schlammbowle E	-	3:07	-	4	0:33	18	0:59	-	1:59:37	-	7	16:30	47	37:11
Schlammbowle A	-	1:38	-	5	0:22	30	0:44	-	2:01:15	-	7	16:46	51	37:55
Sportplatz Mühlb	8.00	4:17	-	5	0:25	31	0:42	16.00	2:05:32	7:50	5	17:10	22	38:37