



Detailed evaluation

Preuss, Marco

Club: Gipfelstürmer
Number: 199

Course: 8.00 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:03:14

Speed: 7.59 km/h
Running performance: 7:54 min/km

Rank in course/Total: 148 (of 292)

Rank in course/Men: 117 (of 192)

Best time in course: 38:15

Rank in category: 23(of 38)

Best time in the category: 45:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Himmelsleiter +	-	3:39	-	23	1:53	107	2:17	-	3:39	-	23	1:53	107	2:17
Himmelsleiter +	-	5:12	-	20	1:42	103	2:22	-	8:51	-	23	3:35	111	4:39
Nordwand + Dov	-	7:03	-	19	1:48	125	2:38	-	15:54	-	23	5:23	114	7:15
Nordwand + Dov	-	2:29	-	21	0:51	117	1:01	-	18:23	-	24	6:09	115	8:12
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	20:37	-	29	20:18	141	20:21	-	39:00	-	34	11:08	166	15:56
Pneumant Einstie	-	1:47	-	26	1:23	145	1:26	-	40:47	-	38	12:19	184	17:19
Pneumant Aussti	-	0:14	-	32	0:09	159	0:11	-	41:01	-	39	12:28	192	17:27
Heuschnupfen Ei	-	13:24	-	25	3:30	111	4:40	-	54:25	-	38	15:58	188	22:07
Heuschnupfen Ai	-	0:05	-	5	0:01	10	0:01	-	54:30	-	39	15:58	190	22:08
Schlammbowle E	-	3:02	-	28	0:57	126	1:07	-	57:32	-	39	16:47	189	23:14
Schlammbowle A	-	1:13	-	25	0:29	108	0:39	-	58:45	-	39	17:16	191	23:53
Sportplatz Mühlb	8.00	4:29	-	28	0:49	151	1:06	8.00	1:03:14	7:54	23	18:02	117	24:59