



Helbing King of Cross
Mühlberg / 01.11.2015

Detailed evaluation

Schürer, René

Club: Ilmenau
Number: 679

Course: 16.00 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:12:17

Speed: 7.26 km/h
Running performance: 8:16 min/km

Rank in course/Total: 259 (of 304)

Rank in course/Men: 228 (of 252)

Best time in course: 1:05:10

Rank in category: 48(of 53)

Best time in the category: 1:09:26

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	4:14	-	42	3:07	205	3:12	-	4:14	-	42	3:07	205	3:12	
Himmelsleiter +	-	5:32	-	46	2:43	228	3:00	-	9:46	-	45	5:50	213	6:12	
Nordwand + Dov	-	7:11	-	49	3:16	237	3:28	-	16:57	-	48	9:06	231	9:40	
Nordwand + Dov	-	2:31	-	45	1:15	216	1:22	-	19:28	-	48	10:11	231	11:00	
Duckmäuser Eins	-	20:45	-	29	9:27	142	10:05	-	40:13	-	30	19:38	143	20:57	
Duckmäuser Aus	-	0:33	-	27	0:16	138	0:20	-	40:46	-	30	19:50	139	21:16	
Pneumant Einstie	-	2:13	-	40	1:53	191	1:59	-	42:59	-	28	21:43	133	23:07	
Pneumant Aussti	-	0:10	-	37	0:08	164	0:09	-	43:09	-	28	21:49	132	23:11	
Heuschnupfen Ei	-	13:35	-	42	5:40	199	6:16	-	56:44	-	28	27:29	127	29:27	
Heuschnupfen Ai	-	0:09	-	47	0:05	210	0:05	-	56:53	-	28	27:33	123	29:32	
Schlammbowle E	-	3:01	-	35	1:15	187	1:18	-	59:54	-	26	28:48	120	30:49	
Schlammbowle A	-	1:58	-	48	1:22	232	1:24	-	1:01:52	-	26	30:10	118	32:12	
Himmelsleiter +	-	5:56	-	45	2:55	222	3:13	-	1:07:48	-	26	33:05	120	35:18	
Himmelsleiter +	-	6:00	-	50	2:57	240	3:13	-	1:13:48	-	26	36:02	120	38:25	
Nordwand + Dov	-	7:52	-	42	3:42	212	3:54	-	1:21:40	-	26	39:44	120	42:16	
Nordwand + Dov	-	2:32	-	47	1:09	229	1:28	-	1:24:12	-	26	40:52	120	43:37	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	22:32	-	46	22:17	221	22:21	-	1:46:44	-	48	51:16	223	55:07	
Pneumant Einstie	-	1:49	-	36	1:28	164	1:29	-	1:48:33	-	46	52:44	196	56:36	
Pneumant Aussti	-	0:09	-	31	0:07	135	0:07	-	1:48:42	-	51	52:49	245	56:43	
Heuschnupfen Ei	-	14:25	-	42	6:27	196	7:04	-	2:03:07	-	51	59:16	245	1:03:47	
Heuschnupfen Ai	-	0:09	-	47	0:05	212	0:05	-	2:03:16	-	51	59:21	243	1:03:52	
Schlammbowle E	-	3:08	-	40	1:27	192	1:27	-	2:06:24	-	52	1:00:48	241	1:05:18	
Schlammbowle A	-	1:39	-	47	1:00	216	1:05	-	2:08:03	-	52	1:01:48	247	1:06:21	
Sportplatz Mühlb	8.00	4:14	-	41	1:03	204	1:03	16.00	2:12:17	8:16	48	1:02:51	228	1:07:07	