



## Detailed evaluation

**Stein, Sabrina**

Club: Crossfit  
Number: 22

Course: 8.00 km  
Sprint

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:11:43

Speed: 6.69 km/h  
Running performance: 8:58 min/km

Rank in course/Total: 235 (of 292)

Rank in course/Women: 66 (of 100)

Best time in course: 46:25

Rank in category: 14(of 25)

Best time in the category: 48:57

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Himmelsleiter +	-	4:14	-	10	1:55	46	2:04	-	4:14	-	10	1:55	46	2:04	
Himmelsleiter +	-	6:01	-	17	2:06	72	2:19	-	10:15	-	10	4:01	50	4:23	
Nordwand + Dov	-	8:10	-	16	2:45	75	2:45	-	18:25	-	11	6:46	62	7:02	
Nordwand + Dov	-	2:44	-	10	0:48	47	1:13	-	21:09	-	10	7:25	59	8:15	
Duckmäuser Eins	-	23:37	-	14	7:36	59	8:27	-	44:46	-	12	15:01	51	16:42	
Duckmäuser Aus	-	0:29	-	8	0:08	35	0:11	-	45:15	-	12	15:06	50	16:53	
Pneumant Einstie	-	1:17	-	11	0:53	44	0:54	-	46:32	-	12	15:59	47	17:44	
Pneumant Aussti	-	0:08	-	2	0:01	9	0:03	-	46:40	-	12	15:57	47	17:46	
Heuschnupfen Ei	-	15:28	-	16	4:38	68	4:54	-	1:02:08	-	12	20:35	46	22:40	
Heuschnupfen Ai	-	0:08	-	14	0:03	51	0:03	-	1:02:16	-	12	20:37	44	22:43	
Schlammbowle E	-	3:28	-	15	0:59	75	1:01	-	1:05:44	-	12	21:36	43	23:44	
Schlammbowle A	-	1:29	-	13	0:42	50	0:46	-	1:07:13	-	12	22:04	43	24:30	
Sportplatz Mühlb	8.00	4:30	-	13	0:47	65	0:52	8.00	1:11:43	8:57	14	22:46	66	25:18	