



## Detailed evaluation

Walter, Josefine

Club: 50 Shades of Matsch  
Number: 174

Course: 8.00 km  
Sprint

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:07:21

Speed: 7.13 km/h  
Running performance: 8:25 min/km

Rank in course/Total: 196 (of 292)

Rank in course/Women: 49 (of 100)

Best time in course: 46:25

Rank in category: 8(of 15)

Best time in the category: 53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Himmelsleiter +	-	3:55	-	7	1:05	40	1:45	-	3:55	-	7	1:05	40	1:45
Himmelsleiter +	-	5:52	-	7	1:46	58	2:10	-	9:47	-	6	2:51	41	3:55
Nordwand + Dov	-	7:33	-	6	1:25	57	2:08	-	17:20	-	7	4:16	44	5:57
Nordwand + Dov	-	2:46	-	9	0:41	51	1:15	-	20:06	-	7	4:57	43	7:12
Duckmäuser Eins	-	22:01	-	5	4:17	42	6:51	-	42:07	-	6	6:26	37	14:03
Duckmäuser Aus	-	0:26	-	5	0:05	23	0:08	-	42:33	-	6	6:31	36	14:11
Pneumant Einstie	-	1:03	-	6	0:40	35	0:40	-	43:36	-	5	6:33	34	14:48
Pneumant Aussti	-	0:09	-	5	0:03	12	0:04	-	43:45	-	5	6:32	34	14:51
Heuschnupfen Ei	-	14:49	-	9	3:02	56	4:15	-	58:34	-	5	9:34	35	19:06
Heuschnupfen Ai	-	0:07	-	4	0:02	22	0:02	-	58:41	-	5	9:35	34	19:08
Schlammbowle E	-	3:02	-	6	0:25	40	0:35	-	1:01:43	-	5	10:00	35	19:43
Schlammbowle A	-	1:23	-	6	0:26	36	0:40	-	1:03:06	-	5	10:00	34	20:23
Sportplatz Mühlb	8.00	4:15	-	6	0:18	43	0:37	8.00	1:07:21	8:25	8	13:35	49	20:56