



Detailed evaluation

Schrecke, Maik

Club: Sportgruppe FA/UA-Btl 1
Number: 465

Course: 16.00 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:53:43

Speed: 8.44 km/h
Running performance: 7:07 min/km

Rank in course/Total: 155 (of 304)

Rank in course/Men: 145 (of 252)

Best time in course: 1:05:10

Rank in category: 21(of 31)

Best time in the category: 1:09:36

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	4:01	-	24	2:49	190	2:59	-	4:01	-	24	2:49	190	2:59	
Himmelsleiter +	-	5:09	-	21	2:24	168	2:37	-	9:10	-	24	5:13	188	5:36	
Nordwand + Dov	-	6:02	-	20	2:07	140	2:19	-	15:12	-	22	7:20	183	7:55	
Nordwand + Dov	-	2:23	-	24	0:58	190	1:14	-	17:35	-	22	8:18	183	9:07	
Duckmäuser Eins	-	17:46	-	15	6:28	87	7:06	-	35:21	-	16	14:46	106	16:05	
Duckmäuser Aus	-	0:26	-	13	0:08	85	0:13	-	35:47	-	16	14:51	104	16:17	
Pneumant Einstie	-	1:05	-	17	0:44	119	0:51	-	36:52	-	15	15:35	93	17:00	
Pneumant Aussti	-	0:06	-	5	0:02	43	0:05	-	36:58	-	14	15:35	92	17:00	
Heuschnupfen Ei	-	12:11	-	17	4:18	120	4:52	-	49:09	-	13	19:53	84	21:52	
Heuschnupfen Ai	-	0:06	-	5	0:01	50	0:02	-	49:15	-	13	19:52	81	21:54	
Schlammbowle E	-	2:43	-	14	0:59	111	1:00	-	51:58	-	13	20:51	78	22:53	
Schlammbowle A	-	1:01	-	15	0:24	103	0:27	-	52:59	-	13	21:15	78	23:19	
Himmelsleiter +	-	4:40	-	17	1:40	105	1:57	-	57:39	-	14	22:55	76	25:09	
Himmelsleiter +	-	4:54	-	20	1:51	150	2:07	-	1:02:33	-	14	24:46	75	27:10	
Nordwand + Dov	-	6:31	-	17	2:21	119	2:33	-	1:09:04	-	14	27:07	75	29:40	
Nordwand + Dov	-	2:09	-	20	0:45	155	1:05	-	1:11:13	-	14	27:52	75	30:38	
Duckmäuser Eins	-	19:37	-	16	7:46	115	19:20	-	1:30:50	-	14	35:38	68	39:26	
Duckmäuser Aus	-	0:32	-	24	0:18	149	0:21	-	1:31:22	-	14	35:53	68	39:45	
Pneumant Einstie	-	1:30	-	23	1:09	148	1:10	-	1:32:52	-	13	37:02	60	40:55	
Pneumant Aussti	-	0:07	-	10	0:05	80	0:05	-	1:32:59	-	13	37:02	60	41:00	
Heuschnupfen Ei	-	12:52	-	19	4:58	138	5:31	-	1:45:51	-	13	42:00	59	46:31	
Heuschnupfen Ai	-	0:05	-	1	-	9	0:01	-	1:45:56	-	13	41:59	59	46:32	
Schlammbowle E	-	2:47	-	16	1:04	124	1:06	-	1:48:43	-	12	43:03	57	47:37	
Schlammbowle A	-	1:06	-	11	0:28	96	0:32	-	1:49:49	-	12	43:31	57	48:07	
Sportplatz Mühlb	8.00	3:54	-	15	0:36	107	0:43	16.00	1:53:43	7:06	21	44:07	145	48:33	