



Helbing King of Cross

Mühlberg / 01.11.2015

Detailed evaluation

J. Damm, Peter

Club: Freunde der leichten Erotik
Number: 638

Course: 16.00 km
Expert

Category:
Männer (20-29 Jahre)

Total time: 1:56:00

Speed: 8.28 km/h
Running performance: 7:15 min/km

Rank in course/Total: 176 (of 304)

Rank in course/Men: 164 (of 252)

Best time in course: 1:05:10

Rank in category: 50(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	3:51	-	58	2:49	187	2:49	-	3:51	-	58	2:49	187	2:49	
Himmelsleiter +	-	5:26	-	64	2:47	221	2:54	-	9:17	-	59	5:36	195	5:43	
Nordwand + Dov	-	6:01	-	40	2:15	138	2:18	-	15:18	-	57	7:51	189	8:01	
Nordwand + Dov	-	2:19	-	51	1:10	178	1:10	-	17:37	-	55	9:01	185	9:09	
Duckmäuser Eins	-	16:55	-	17	6:15	63	6:15	-	34:32	-	30	15:16	92	15:16	
Duckmäuser Aus	-	0:28	-	35	0:15	102	0:15	-	35:00	-	30	15:30	90	15:30	
Pneumant Einstie	-	1:19	-	44	0:58	156	1:05	-	36:19	-	29	16:27	86	16:27	
Pneumant Aussti	-	0:08	-	34	0:05	103	0:07	-	36:27	-	29	16:29	85	16:29	
Heuschnupfen Ei	-	11:49	-	30	4:30	99	4:30	-	48:16	-	25	20:59	75	20:59	
Heuschnupfen Ai	-	0:07	-	41	0:03	139	0:03	-	48:23	-	23	21:02	72	21:02	
Schlammbowle E	-	2:39	-	29	0:55	87	0:56	-	51:02	-	24	21:57	72	21:57	
Schlammbowle A	-	1:04	-	31	0:30	115	0:30	-	52:06	-	23	22:26	69	22:26	
Himmelsleiter +	-	4:12	-	13	1:22	47	1:29	-	56:18	-	23	23:48	67	23:48	
Himmelsleiter +	-	4:35	-	31	1:42	99	1:48	-	1:00:53	-	22	25:30	63	25:30	
Nordwand + Dov	-	5:49	-	16	1:48	45	1:51	-	1:06:42	-	20	27:18	59	27:18	
Nordwand + Dov	-	1:59	-	35	0:48	104	0:55	-	1:08:41	-	20	28:06	59	28:06	
Duckmäuser Eins	-	17:05	-	20	6:16	56	16:48	-	1:25:46	-	16	34:22	51	34:22	
Duckmäuser Aus	-	0:25	-	25	0:14	88	0:14	-	1:26:11	-	16	34:34	51	34:34	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	1:21	-	64	1:19	223	1:19	-	1:27:32	-	72	35:33	245	35:33	
Heuschnupfen Ei	-	19:45	-	70	12:24	243	12:24	-	1:47:17	-	72	47:57	245	47:57	
Heuschnupfen Ai	-	0:11	-	67	0:07	230	0:07	-	1:47:28	-	71	48:04	243	48:04	
Schlammbowle E	-	3:05	-	55	1:23	176	1:24	-	1:50:33	-	73	49:27	241	49:27	
Schlammbowle A	-	1:27	-	63	0:52	200	0:53	-	1:52:00	-	73	50:18	247	50:18	
Sportplatz Mühlb	8.00	4:00	-	47	0:41	147	0:49	16.00	1:56:00	7:15	50	50:50	164	50:50	