



## Detailed evaluation

### Quadstege, Phillip

Club: SPARTAN BEAST FINISHER  
Number: 573

Course: 16.00 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 1:40:58

Speed: 9.51 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 70 (of 304)

Rank in course/Men: 65 (of 252)

Best time in course: 1:05:10

Rank in category: 23(of 74)

Best time in the category: 1:05:10

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Himmelsleiter +	-	2:24	-	26	1:22	63	1:22	-	2:24	-	26	1:22	63	1:22	
Himmelsleiter +	-	4:01	-	22	1:22	57	1:29	-	6:25	-	22	2:44	59	2:51	
Nordwand + Dov	-	5:46	-	29	2:00	108	2:03	-	12:11	-	22	4:44	61	4:54	
Nordwand + Dov	-	1:54	-	23	0:45	76	0:45	-	14:05	-	22	5:29	61	5:37	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	17:48	-	59	17:35	189	17:35	-	31:53	-	65	12:23	214	12:23	
Pneumant Einstie	-	0:47	-	22	0:26	78	0:33	-	32:40	-	64	12:48	230	12:48	
Pneumant Aussti	-	0:05	-	8	0:02	22	0:04	-	32:45	-	73	12:47	247	12:47	
Heuschnupfen Ei	-	11:49	-	30	4:30	99	4:30	-	44:34	-	71	17:17	242	17:17	
Heuschnupfen Ai	-	0:06	-	19	0:02	50	0:02	-	44:40	-	70	17:19	242	17:19	
Schlammbowle E	-	2:36	-	25	0:52	74	0:53	-	47:16	-	70	18:11	241	18:11	
Schlammbowle A	-	0:57	-	23	0:23	69	0:23	-	48:13	-	74	18:33	248	18:33	
Himmelsleiter +	-	4:26	-	23	1:36	72	1:43	-	52:39	-	73	20:09	244	20:09	
Himmelsleiter +	-	4:21	-	23	1:28	61	1:34	-	57:00	-	73	21:37	244	21:37	
Nordwand + Dov	-	5:50	-	17	1:49	47	1:52	-	1:02:50	-	73	23:26	244	23:26	
Nordwand + Dov	-	1:45	-	15	0:34	38	0:41	-	1:04:35	-	73	24:00	244	24:00	
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Duckmäuser Aus	-	16:46	-	57	16:35	191	16:35	-	1:21:21	-	67	29:44	223	29:44	
Pneumant Einstie	-	0:44	-	12	0:24	44	0:24	-	1:22:05	-	56	30:08	196	30:08	
Pneumant Aussti	-	0:02	-	1	-	1	-	-	1:22:07	-	72	30:08	245	30:08	
Heuschnupfen Ei	-	11:26	-	27	4:05	75	4:05	-	1:33:33	-	72	34:13	245	34:13	
Heuschnupfen Ai	-	0:07	-	42	0:03	132	0:03	-	1:33:40	-	71	34:16	243	34:16	
Schlammbowle E	-	2:32	-	21	0:50	60	0:51	-	1:36:12	-	73	35:06	241	35:06	
Schlammbowle A	-	1:08	-	33	0:33	100	0:34	-	1:37:20	-	73	35:38	247	35:38	
Sportplatz Mühlb	8.00	3:38	-	15	0:19	32	0:27	16.00	1:40:58	6:18	23	35:48	65	35:48	